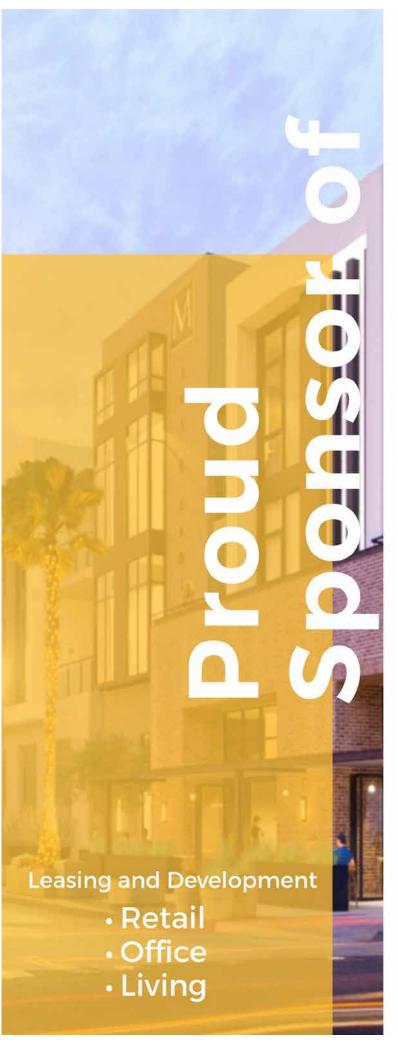


### PARKS & RECREATION ACTIVITIES GUIDE







- . Field of Valor
- . K9 Partners of Covina
- West Covina K9's
- . Covina Rotary Club
- . City of Covina Events

The McIntyre Company
www.themcintyrecompany.com
370 E Rowland St

Covina, CA 91723 626-332-2978



#### COVINA CITY HALL

125 East College Street Monday-Thursday, 7 am-6 pm

#### Holiday Closures:

Monday, September 5 (Labor Day) Monday, October 10 (Indigenous Peoples' Day) Thursday, November 24 (Thanksgiving)

#### City Manager - Chris Marcarello

#### City Administration

Administration/City Manager's Office (626) 384-5410 City Clerk/Records Management (626) 384-5430

#### Community Development

Building Division (626) 384-5460 Inspection Scheduling (626) 384-5461 Code Enforcement (626) 384-5470 Planning Division (626) 384-5450 Housing Programs (626) 384-5400 x-5906

#### Finance Department

 Customer Service
 (626) 384-5510

 Water Bill Inquiries
 (626) 384-5230

 Business Licenses
 (626) 384-5512

#### Human Resources

Customer Service (626) 384-5555

#### **Elected Officials**

Mayor Pro Tem Walter Allen, III
Council Member Hector Delgado
Council Member John C. King
Council Member Victor Linares
City Treasurer Neil Polzin
City Clerk Andrew Aleman

### PLEASE FOLLOW US ON SOCIAL MEDIA facebook

**COVINACA.GOV** 



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# **Holiday**

#### PARKING ENFORCEMENT MORATORIUM

Happy Holidays from the Covina Police Department! Overnight parking permits for on–street parking will <u>not</u> be needed for the following days:

#### **Thanksgiving**

2-4 am, Saturday, November 19-Sunday, November 27 (Enforcement resumes at 2 am on Monday, November 28)

#### **Christmas and New Years**

2-4 am, Saturday, December 17-Monday, January 2 (Enforcement resumes at 2 am on Tuesday, January 3)



# Bailar y Comida

Saturday, September 17, 6:30-8:30 pm

Covina Park Hockey Rink, 301 N. Fourth Ave.

Featuring the best in Latin American Foor

and Music played by DJ Rec!

Preregistration Required. Fee includes: DJ Rec Skate and Dance Party, two tacos and a beverage

**Registration Dates: August 22-September 14** 

Register ONLINE at covinaca.gov/parksrec or call (626) 384-5340.

Additional food options available for purchase including Agua fresca, eloté (corn), postres (desserts), and more. Spectators are welcome to enjoy music and purchase food. Bleacher seating is available for spectators. All skate participants must bring their own roller skates and protective gear. Helmets required for participants ages 4-17 and protective gear is highly recommended for all participants. All participants under the age of 18 must have an adult present.

# **NATIONAL NIGHT OUT** TUESDAY, OCTOBER 4

HERITAGE PLAZA, 400 N. CITRUS AVE.

5:30-8:30 PM

Enjoy live music by **SUAVE THE BAND**, police demonstrations,



kids' games with prizes, station hang out with friends and family!

If you'd like to be a vendor at this event, please see our website for more information at www.covinapd.org.





**NEW EVENTS!!** 

HOWL-O-WEEN CITRUS 5K
& DOGGIE "PUP-OR-TREAT" 1.5K

#### SATURDAY, OCTOBER 22

Covina Park, Bandshell, 301 N. Fourth Avenue
Zombies, cheerleaders, and doggies OH MY! The streets of Covina
are calling you and your 4-legged friends to show off your best Halloween
costumes for the first ever Howl-o-ween Citrus 5K and Doggie "Pup-or-Treat"
1.5K On the 1.5K, pups are "treated" with savory snacks along the route!

#### Howl-O-Ween Citrus 5K

Time: 9 am (Check-in begins at 8:30 am)
Fee: \$20 per person (all dogs are free!)

#### Doggie "Pup-or-Treat" 1.5K

Time: 9:30 am (Check-in begins at 9:15 am)
Fee: \$20 per person (all dogs are free!)

#### **Registration Dates:**

September 6-October 21 or until filled

Space is limited, so register early to make sure to secure a spot in this festive affair. All (human) participants must register, and doggies must be on a leash at all times. All participants receive a drawstring backpack, along with more Tricks and Treats.

# HOWL-O-WEEN PUPTACULAR COSTUME CONTEST SATURDAY, OCTOBER 22

Time: 11 am (Check-in 10:30-10:45 am)

Event is free to participate, preregistration is required. Winners

announced following competition and will receive the soon to be coveted "Poop" trophy. Pup treats will be presented to all participants.

Registration Dates: October 1-21 Categories:

- Most Creative Costume Small Dog (under 25 lb.)
- Most Creative Costume Large Dog (25+ lb.)
- Most Hilarious
- Best Celebrity Look-alike
- · Best Duo (Human & Dog pair)
- Best Pack (theme group of 2+ dogs)
- Judges Favorite (the pup that stole the judge's heart)

For additional information and Costume Contest rules (available beginning September 26), please visit <a href="mailto:covinaca.gov/parksrec">covinaca.gov/parksrec</a> or call (626) 384-5340.

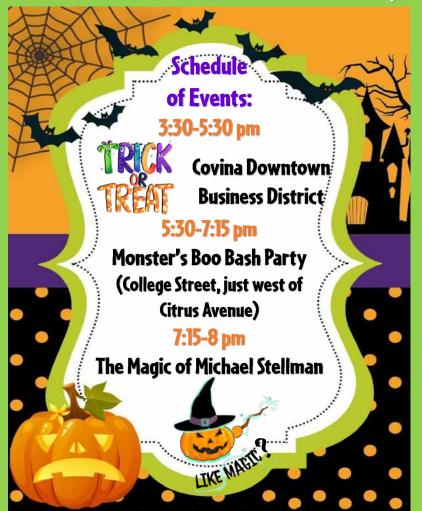




Ghosts and Goblins, Spooks Galore, Happy Witches and so much more! There will be Jack-O-Lanterns smiling bright, so come and have a fang-tastic night!

# Saturday, October 29 Downtown Covina

(Citrus Ave. and College St.)



## Monster's Boo Bash Party:

- "Monster Stomp" Dance Party
- "Pick-a-Boo" Pumpkin from the Pumpkin Patch then decorate it!
- "Witch-Craft" Area (Kids' Crafts)
- The "Forgotten Carnival" Game Area
- Broom Toss
- "Funny Bones" Food Vendors
- Crafters Row (Arts & Craft Vendors)
- And more!



Parks Make Life Better!



Candy Distribution

for Kids 13 & Under

For more event information, please scan QR Code on or after September 19.

(626) 384.5340 COVINACA.GOV



The Gift of Christmas

71st Annual Covina Christmas Parade

The Covina Christmas Parade Committee is looking for a few good entries! If you have a business that wants to get the word out to 20,000 spectators, a church that wants to illustrate "the reason for the season," or a Scout troop or group of friends that want to impress the crowd with Christmas magic and creativity, then join us on Saturday, December 3 for a ride down the parade route!

> It can be as simple as a decorated convertible or as elaborate as a semi-truck with dioramas and live animals. We are celebrating the 71st Annual Covina Christmas Parade with this year's theme,

#### "The Gift of Christmas"

**Register Online at:** 

https://covinaca.gov/parksrec/page/covina-christmas-parade

Registration Begins: Monday, August 29 Deadline to Register: Thursday, October 13

> Late registrations may be accepted depending upon space availability.

The Covina Rotary Club presents

## ALOR November 5-13

Sierra Vista Middle School, 777 E. Puente St., Covina

"Serving Those Who Serve"



2022

The ONLY field in the San Gabriel Valley existing SOLELY for the benefit of our military. 

#### Schedule of Events

Sat., Nov. 5 Parade of Flags, 8 am Sun., Nov. 6 Opening Ceremony, 1:30 pm

Wed., Nov. 9 Community Lunch (All Welcome), 11:30 am

Flag Retirement Ceremony, 6:30 pm

Veterans Day Ceremony & Flyover, 11 am Fri., Nov. 11

Closing Ceremony, 10 am Sat., Nov. 12 Strike Field, 8 am Sun., Nov. 13

military loved one. **Contact Information** 

Mail: Covina Rotary Club

PO Box 334, Covina 91723

Sponsor a flag for your

Email: fieldofvalor@gmail.com

Phone: (626) 332-2978

Website: covinafieldofvalor.org



# HOLIDAY HOME DECORATING CONTEST

WANTED: Homes Packed FULL of Christmas Magic and Spirit!

Join the 3<sup>rd</sup> Annual "Light up the Town" Home Decorating Contest!

Six homes will be selected as winners.

Contest is FREE and open to Covina residents only.

Winning homes will receive:

- Bragging Rights
- A Fabulous Yard Sign
  - Holiday Gift Basket

Register ONLINE: covinaca.gov/parksrec

Registration:

Nov. 14-Dec. 4

Judging:

Dec. 7-10

Winners Notified:

Dec. 13

facebook

Instagram

#ChristmasinCovina



Get into the holiday spirit by completing a coloring sheet.
Use crayons, markers, paint or pencils.

Open to Covina residents only.
Only one entry per person.

Prizes awarded in the following age categories: Ages 3-5, 6-8, and 9-12.

#### To Enter Coloring Contest:

- Download coloring sheet from the City's website at covinaca.gov/parksrec beginning November 14.
- Color and then scan or take a photo of your masterpiece and email it to christmas@covinaca.gov by December 8.
- Remember to include your child's name, age, parent's phone number and address.

Winners will be notified by December 15.
Winning artwork will be posted on the
City's website and social media pages.

FOR MORE INFORMATION,
PLEASE CALL
(626) 384-5340.



The City of Covina and the Covina Christmas Parade
Committee, in partnership with the
Covina Downtown Merchants Association, proudly present



# Christmas in Covina Tree Lighting Ceremony & Festival Friday, Movember 18,6 pm

Join us for an evening with family and friends as we light the Official Covina Christmas Tree!

**Event held in Downtown Covina** 

(Citrus Avenue will be closed for event)
Tree Lighting Ceremony will take place at
Heritage Plaza, 400 N. Citrus Ave.

### **Schedule of Events:**

6-6:30 pm Tree Lighting Ceremony 6:30-8 pm FREE Activities

- Horse Drawn Wagon Rides
- Pedicab Rides
- Children's Train Rides
- Craft Areas
- Letters to Santa
- Holiday Carolers
- Hot Chocolate Bar
- Santa Photos

DOWNTOWN

Covina Farmers Market will be in full swing for early Christmas shopping and great food!



# 71st Annual CHRISTIMAS PARADE

# SATURDAY, DECEMBER 3 6:30 PM

#### **PARADE ROUTE**

Parade begins at Citrus Avenue and Badillo Street, travels west on Badillo Street to Hollenbeck Avenue, turns south on Hollenbeck Avenue to Puente Street.





The Gift of Christmas
71st Annual Covina Christmas Parade

**Entry Information—See Page 8** 

### **Important Parade Information**

Visit covinaca.gov or scan QR Code (626) 384-5340 • covinaca.gov





Fall 2022 | Covina-



1250 North Hollenbeck Ave. | (626) 384-5340 | Register Online: covinaca.gov/parksrec
Monday-Thursday, and alternating Fridays, 9:30 am-5:30 pm
Open Fridays: September 9, 23, October 7, 21, November 4, 18, December 2, 16
Holiday Closures: Monday, September 5 (Labor Day), Monday, October 10 (Indigenous Peoples' Day),
Friday, November 11 (Veterans Day), Thursday and Friday, November 24-25 (Thanksgiving)

# Rec & Read Covina! Vehicle Wrap Art Contest Ages 10-17



# **Attention Covina Artists!**

The Covina Parks & Recreation and Library Services Department is looking for a COVINA ARTIST to inspire the design of the new Rec & Read Covina! (our first Recreation and Library Mobile) rolling onto Covina streets late 2022.

To enter, artists must reside in Covina or attend a school in the Covina-Valley or Charter Oak Unified School District.

Detailed information regarding the contest will be available beginning Monday, August 29 at covinaca.gov/parksrec.

Submissions accepted September 12-October 7.

Follow us on social media @cityofcovina for contest updates and information.

This project was supported in whole or in part by funding provided by the State of California,

Administered by the California State Library.

#### Parks Make Life Better!

For more information or

obtain a T.E.A.M. application, please email

teen@covinaca.gov or

call 626.384.5340

er! Covinas

Ages 13-17



Teens Endeavor to Accomplish More



- Impact Your Community
- Meet Other Teens
- Gain Valuable Work Experience
- Build Your Resume



#### COVINA'S T.E.A.M. MEETINGS

DAY & TIME: Tuesdays, 6 pm

DATES: 9/13, 10/11, 11/8, 12/13

LOCATION: Cougar Park Community Center

150 West Puente Street







All programs are coed – boys and girls play together. All participants receive a T-shirt.

#### REGISTRATION INFORMATION

Registration Dates: Now thru the first week of program or until filled

Online: www.covinaca.gov/parksrec

Phone-in: (626) 384-5340

Walk-in: Covina Parks & Recreation Department

1250 N. Hollenbeck Ave.

Office Hours: Monday-Thursday and alternate Fridays,

9:30 am-5:30 pm



Full refunds may be requested a minimum of 24 hours prior to the start of the program. Prorated refunds are provided if requested less than 24 hours prior to program start, but before the second day of the program. No refunds are provided after the second day of the program has taken place, regardless of whether it has been attended or not.

#### PROGRAM DESCRIPTIONS

#### PARENT AND ME - Ages 18 months-3 years

The Parent & Me program focuses on developing participants' motor skills as well as beginning to build the basic skills specific to the sport. Coaches will guide each parent/child group through a variety of fun exercises and games that encourage positive play and socialization. The season will conclude with a short informal scrimmage game.

#### LITTLE TOTS - Ages 3-4

The Little Tots program provides children with a fun and exciting noncompetitive environment in which they can experience sports for the first time. The first part of the program consists of drills and the last few weeks children play friendly games. Participants must be age 3 by the first day of the program - NO exceptions!

#### YOUTH SPORTS - Ages 5-13

The program provides instruction and fun for participants in a noncompetitive atmosphere. Sessions are led by trained staff who emphasize each child's individual skill development by raising self-esteem and developing a joy for the sport. The program covers fundamental skills, and scrimmage games are played to incorporate the skills taught.

#### **EQUIPMENT REQUIREMENTS:**

All programs require participants to wear closed-toe athletic shoes (cleats are recommended for soccer and Flag Football). *Soccer, Ages 5-12:* Shin guards required.

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### SOCCER CAMP - Ages 18 months-12 years

Hollenbeck Park, 1250 N. Hollenbeck Avenue \*\*Covina Park, 301 N. Fourth Avenue

AGE GROUP	DAYS	TIME	DATES	FEE
Parent & Me Soccer (18 mos-3 yrs)	Saturday	9-9:30 am	Sept. 17-Oct. 22	\$57
Parent & Me Soccer (18 mos-3 yrs)**	Wednesday	5-5:30 pm	Sept. 14-Nov. 2	\$76
Little Tots Soccer (3-4)	Saturday	9:30-10:15 am	Sept. 17-Oct. 22	\$57
Little Tots Soccer (3-4)	Saturday	10:30-11:15 am	Sept. 17-Oct. 22	\$57
Little Tots Soccer (3-4)	Monday/Wednesday	5-5:45 pm	Sept. 12-Nov. 2*	\$104
Soccer (5-7)	Monday/Wednesday	6-6:50 pm	Sept. 12-Nov. 2*	\$104
Soccer (5-7)	Tuesday/Thursday	5-5:50 pm	Sept. 13-Nov. 3	\$104
Soccer (8-9)	Tuesday/Thursday	6-6:50 pm	Sept. 13-Nov. 3	\$104
Soccer (10-12)	Tuesday/Thursday	7-7:50 pm	Sept. 13-Nov. 3	\$104



### FOOTBALL - Ages 3-12

Covina Park, 301 N. Fourth Avenue

\*No practice Monday, October 31. Practice will be made up on Friday, October 28.

AGE GROUP	DAYS	TIME	DATES	FEE
Little Tots Flag Football (3-4)	Monday	5-5:45 pm	Sept. 12-Oct. 28*	\$76
Flag Football (5-8)	Monday/Wednesday	6-6:50 pm	Sept. 12-Nov. 2*	\$104
Flag Football (9-12)	Monday/Wednesday	7-7:50 pm	Sept. 12-Nov. 2*	\$104



### VOLLEYBALL - Ages 9-12

Covina Park, 301 N. Fourth Avenue

AGE GROUP	DAYS	TIME	DATES	FEE
Volleyball (9-12)	Monday/Wednesday	7-7:50 pm	Sept. 12-Nov. 2*	\$104



#### BASKETBALL CAMP - Ages 5-13

Covina Park, 301 N. Fourth Avenue

\*No practice Monday, October 31. Practice will be made up on Friday, October 28.

\*No practice Monday, October 31. Practice

will be made up on Friday, October 28.

This camp is designed to provide individual skill development for participants in a noncompetitive atmosphere. Each week will focus on developing skills such as passing, dribbling, and shooting. Players will also learn the importance of playing offense and defense. Program will focus on appropriate skill progression for each age group and level of experience.

AGE GROUP	DAYS	TIME	DATES	FEE
Basketball (5-7)	Tuesday/Thursday	6-6:50 pm	Sept. 13-Oct. 6	\$74
Basketball (8-10)	Tuesday/Thursday	6-6:50 pm	Oct. 11-Nov. 3	\$74
Basketball (5-7)	Monday/Wednesday	5-5:50 pm	Nov. 7-Nov. 30	\$74
Basketball (11-13)	Monday/Wednesday	6-6:50 pm	Nov. 7-Nov. 30	\$74

### MULTI-SPORT - Ages 5-8

#### Covina Park, 301 N. Fourth Avenue

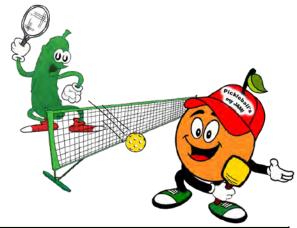
Futsal, dodgeball, basketball, and rugby! What a great way to try new sports! This 4-week camp will introduce participant to the foundational aspects of these four sports! Each week will focus on a new sport and skill development through drills and fun games. Practices will be led by trained staff who will use special techniques to encourage and raise self-esteem through the enjoyment of participating in each sport.

AGE GROUP	DAYS	TIME	DATES	FEE
Multi-Sport	Tuesday/Thursday	5-5:50 pm	Oct. 11-Nov. 3	\$74



301 N. Fourth Avenue

An exciting low-impact combination of tennis, badminton, and ping-pong. Program is designed for beginners, so don't worry if you haven't played before. This 4-week program will introduce participants to the foundational aspects of Pickleball and emphasize individual skill development through group drills and friendly games. Paddles available for use during class.



SPORT	DAYS	TIME	DATES	FEE
Pickleball (55+)	Tuesday/Thursday	9-10 am	Sept. 13-Oct. 6	\$20
Pickleball (55+)	Tuesday/Thursday	9-10 am	Oct. 11-Nov. 3	\$20
Pickleball (13 and up)	Tuesday/Thursday	5-6 pm	Sept. 13-Oct. 6	\$40

# New! Pickleball Open Play! Ages 13 and Up

Love the sport? How about a little "open play" on reserved courts! Simply pay a low fee of only \$30 per month and stop by during the session time to play games with other Pickleball enthusiasts! City staff will be on-hand with everything you need to "get your game on!" (Nets, paddles, and balls are available).

SPORT	DAYS & TIMES	DATES	FEE
Open Play Pickleball	Mon. (5-7:30 pm), Wed. (8-10 am), Sat. (8-10:30 am)	SeptDec.	\$30/mo.

#### PROGRESSIVE SOCCER OZZY PROGRAM

Covina Park, Southfield, 301 N. Fourth Ave.

#### INDIVIDUAL SKILLS SOCCER CLINIC

From beginner to advanced, this individual skill-building clinic is great for all levels of soccer experience. Coach Ozzy and his professional team of coaches are excited and ready to help soccer players build and sharpen their skills in a positive and high-energy environment. Opportunity available for players looking to play in a more competitive Fútbol Development program. Please see P.S.O. Coaches for more information. *Program is continuous with* new registration blocks every 2 weeks. Ages 5-16.

DAY & TIMES: Tuesday, 6:30-7:30 pm (Beginner), 7:30-8:30 pm (Advanced)

FFF: \$40 per 2-week session





Travelers must follow current county and state guidelines for each trip destination, protocols to board the bus and while onboard the bus. Ages 6 and up (travelers under the age of 18, must be accompanied by an adult).

#### REGISTRATION INFORMATION

1. Register online at www.covinaca.gov/parksrec; or

Covina Parks & Recreation Department

2. Visit or call one of the following locations:

1250 N. Hollenbeck Ave. • (626) 384-5340

All trips depart from and return to the Covina Senior and Community Center 815 N. Barranca Ave.

Covina Senior and Community Center

815 N. Barranca Ave. • (626) 384-5380

TRIP CANCELLATIONS/REFUNDS: Cancellations must be made by the deadline stated to be eligible for refund.

#### THE GREAT PACIFIC AIR SHOW (Pictured Above)

The 6th Annual Pacific Airshow line-up will feature the famous U.S. Air Force Thunderbirds and more! This show is sure to be a spectacular event. Watch the show right on the beach in the sand. Bring a hat, beach blanket and sunblock. Explore the street festival, exhibits, restaurants and café. Don't worry if you're not looking up the entire time, there is a full day of flying. You'll have time to have lunch and shop on your own. Extensive walking and prolonged sitting.

DATE & TIME: Saturday, October 1, 8:30 am-6 pm

FEE: \$35 (lunch not included)

REFUND DEADLINE: September 1

#### SIMPLY SOLVANG

A visit to Solvang for a full day of shopping, dining and exploring this wonderful village. Moderate walking and prolonged sitting.

DATE & TIME: Saturday, November 19, 8:30 am-7:30 pm

FFF: \$35 (lunch not included)

REFUND DEADLINE: October 19





This internationally acclaimed "Lightscape" returns with stunning new installations along a new expanded trail. Guests will roam along a milelong pathway illuminated with installations that are whimsical, wonderous and a touch of wintry fun. This dazzling display of color, light and sound includes the spectacular Winter Cathedral and a re-imagined fire garden. Snack-type food and beverages onsite. Bundle up and wear appropriate shoes (ones you don't mind getting dirty). Extensive walking.

Saturday, December 17, 4-9 pm DATE & TIME:

FEE: \$47 (dinner not included)

REFUND DEADLINE: November 17



### YOUTH AND ADULT CLASSES

Program formats may be adjusted to comply with county and state health orders.

#### REGISTRATION INFORMATION

Register online at <a href="https://www.covinaca.gov/parksrec">www.covinaca.gov/parksrec</a> or visit/call one of the following locations.

(Please note: Registration is NOT taken on-site at class locations other than the Senior and Community Center.)

Class schedules subject to change.

#### Covina Parks & Recreation Department

1250 N. Hollenbeck Ave.

Hours: Monday-Thursday and alternate Fridays, 9:30 am-5:30 pm

Phone: (626) 384-5340

#### Covina Senior and Community Center

815 N. Barranca Ave.

Hours: Monday-Thursday, 8:30 am-4:30 pm,

and Fridays, 8:30 am-1:30 pm

Phone: (626) 384-5380

#### **CLASS LOCATIONS:**

Cougar Park Community Center, 150 W. Puente St. (Cougar Park) Hollfelder Teen Center, 301 N. Fourth Ave. (Covina Park)

Recreation Hall, 340 N. Valencia Pl. (Covina Park)

Senior and Community Center, 815 N. Barranca Ave. (Sunkist Park)



#### **REFUND POLICY**

Full refunds may be requested a minimum of 24 hours prior to the start of the class. Prorated refunds are provided if requested less than 24 hours prior to the start of the first class, but before the second class. No refunds are provided after the second class has taken place, regardless of whether it has been attended or not. For any Private Lessons or one day classes, refunds requested with less than 24 hours notice will only be issued if spot is resold. Absolutely no refunds issued after the session begins.



#### TAI CHI MOVEMENT & RELAXATION

This easy-to-learn system of relaxed movements provides strength and a workout without physical exhaustion. Improve the mind's focus and regain lost ability of motion.

Ages 12 and up.

INSTRUCTOR: Dan Layne

LOCATION: Covina Park, Recreation Hall

BEGINNING: September 16
DAY & TIME: Friday, 6-7 pm
FEE: \$48/8 weeks

#### FALL-PROOF BALANCE & MOBILITY

Improve your health and sense of vitality! After careful review, an individual balance and mobility routine will be implemented. Ages 18 and up.

INSTRUCTOR: Dan Layne

LOCATION: Senior and Community Center

BEGINNING: September 17

DAY & TIME: Saturday, 11 am-12 pm

FEE: \$49/7 weeks

#### KUNG FU SAN SOO

The ancient art of Kung Fu San Soo is a Chinese style of hand-to-hand combat developed and refined for over 2,000 years. Learn how the concepts of San Soo can change the way you think about self-defense.

Ages 5 and up.

INSTRUCTOR: Dale Garrison

LOCATION: Covina Park, Recreation Hall

BEGINNING: September 18

DAY & TIMES: Sunday, 11 am-12 pm (Ages 5-11);

12-1 pm (Ages 12-Adult)

FEE: \$80/8 weeks

#### BEGINNING/ADVANCED TAE KWON DO

Class focuses on respect, self-discipline, self-esteem, positive attitude, self-defense and mental and physical awareness. No class November 19, 24, and 26.

Ages 5-17.

INSTRUCTOR: Tony Castro

LOCATION: Covina Park, Recreation Hall

BEGINNING: September 15

(Belt Test - November 19)

AGES/LEVEL DAY TIME

Beginning I Thursday 5:30-6:15 pm (Ages 5-10) Saturday 12:30-1:30 pm

Beginning II Thursday 6:15-7 pm (Ages 11-17) Saturday 1:30-2:30 pm Advanced Thursday 7-7:45 pm (Ages 9-17) Saturday 2:30-3:30 pm

FEE: \$100/10 weeks - Thursday and Saturday Mandatory \$45-\$50 uniform fee paid to the instructor at first class. Optional equipment for purchase at first class.

\$45 Belt Test fee if applicable.



#### TAI STRETCH (CHI KUNG)

Class includes a combination of isolated exercises for joints and muscles that may help with muscle or joint problems. Learn breathing techniques through Yoga, balance and strength through Tai Chi, and an

introduction to "Chi Hula." Ages 18 and up. INSTRUCTOR: Gabe (Tavanna) Van Leeuwen LOCATION: Senior and Community Center

BEGINNING: September 13

DAY & TIME: Tuesday, 10:15-11:15 am

FEE: \$18/6 weeks

#### **GENTLE YOGA FLOW**

This is a great class for any level and any age person who is in need of a little self love. Unwind and recharge as we stretch, meditate and flow into our best selves.

Please bring a yoga mat. Ages 13 and up.

INSTRUCTOR: Auburn Haney

LOCATION: Covina Park, Recreation Hall

BEGINNING: September 13
DAY & TIME: Tuesday, 8-9 pm
FEE: \$80/8 weeks

#### **GENTLE HATHA YOGA**

Increase and strengthen your flexibility and balance. Learn breathing exercises to promote a healthy body and relaxation exercises to reduce stress and tension. Yoga mat required. No class October 10. Ages 18 and up.

INSTRUCTOR: Nikki Valdez

LOCATION: Senior and Community Center

BEGINNING: September 12 DAY & TIME: Monday, 9-10 am FEE: \$49/7 weeks

#### ZUMBA GOLD FITNESS ®

Zumba Gold® combines low-impact, Latin-based dance fitness moves with a wide range of music to take the "work" out of the workout. Make sure to bring water, a taylor and get ready to being some first.

a towel, and get ready to have some fun! No class October 10. Ages 18 and up.

INSTRUCTOR: Alicia Flores

LOCATION: Senior and Community Center

BEGINNING: September 12

DAYS & TIME: Monday and Wednesday, 8:30-9:20 am FEE: \$56/7 weeks or \$5 per class drop-in

#### ARTHRITIS EXERCISE CLASS

Class is designed to help people with any form of arthritis keep joints flexible, maintain range of motion and build overall stamina. Please bring your own weights and stretch bands. No class October 10 and November 25.

Ages 18 and up.

INSTRUCTOR: Terri Thomas

LOCATION: Senior and Community Center

BEGINNING:

Session I: September 12, 14 or 16

Session II: November 28, 30 or December 2

DAYS & TIMES:

Monday or Friday, 10:15-11:15 am or Wednesday, 1:30-2:30 pm

FEES:

Session I: \$21/7 weeks Session II: \$12/4 weeks



#### **BEGINNING GYMNASTICS**

Preregistration is MANDATORY. Gymnastic classes introduce basic gymnastic skills and fundamentals. Ages 18 months-3 years requires parent participation (one adult for each child). Every child must sign a Charter Oak Gymnastics waiver and submit directly to gym each calendar year prior to first class for the year.

No class November 21-26. Ages 18 months-17 years.

LOCATIONS: Charter Oak Gymnastics

My Jungle Gym (18 mos.-5 years)

767 N. Dodsworth Ave.

Charter Oak Gymnastics

Main Gym (Ages 6 & up) 841 N. Dodsworth Ave.

**BEGINNING:** 

Session I: September 19, 20, 21 or 24 Session II: October 31, November 1, 2 or 5

FEE: \$84/6 weeks

#### **GYMNASTICS**

GROUP	AGES	DAYS	TIMES
Monkeys	18 mos3 yrs.	Mon.	3-3:45 pm
Monkeys	18 mos3 yrs.	Wed. or Sat.	9-9:45 am
Tigers	4-5 yrs.	Mon. or Tues.	3-3:45 pm
Tigers	4-5 yrs.	Wed.	10-10:45 am
Girls Youth	6-17 yrs.	Mon. or Wed.	3-4 pm
Girls Youth	6-17 yrs.	Sat.	9-10 am

#### URBAN NINJA - COED

GROUP	AGES	DAYS	TIMES
Urban Ninja	6-17 yrs.	Wed.	3-4 pm
Urban Ninja	6-17 yrs.	Sat.	9-10 am

#### TENNIS CLASSES (Bring a tennis racquet)

INSTRUCTOR: Amalia Seresinghe

LOCATION: Covina Park Tennis Courts

FEE: \$64/8 weeks

#### TENNIS FOR BEGINNERS

Ages 9-17.

BEGINNING: September 13 or 15

AGES

9-12

Tuesday

Tuesday

12-17

September 13 or 15

TIMES

6:30-7:30 pm

8-9 pm

#### INTERMEDIATE TENNIS

For students who have taken beginners classes and understands basic strokes and technique. Ages 9-17.

BEGINNING: September 14 or 17

AGES DAYS TIMES

9-12 Wednesday 5:30-6:30 pm 9-12 Saturday 11 am-12 pm 12-17 Wednesday 6:30-7:30 pm

#### TEAM TENNIS FOR KIDS

Designed for those who intend to pursue tennis as a competitive sport. Requires completion of Intermediate

Tennis and instructor's approval. Ages 9-13.

BEGINNING: September 15 DAY & TIME: Thursday, 6:30-8 pm

#### ADVANCED CLINIC

This is a program for advanced players. Includes stroke production, technique and fun, as well as competitive drills for both singles and doubles.

Ages 10-17.

BEGINNING: September 13

DAY & TIME: Tuesday, 7:30-8:30 pm

#### TEAM TENNIS FOR ADULTS

Learn skills and strategies for competition and compete throughout class as singles or doubles. Participants may form teams to prepare for

competition in the USTA Leagues. Ages 18 and up.

BEGINNING: September 14

DAY & TIME: Wednesday, 8:30-10 pm

#### TENNIS FOR ADULT BEGINNERS

Ages 18 and up.

BEGINNING: September 13

DAY & TIME: Tuesday, 8:30-9:30 pm

#### ADULT INTERMEDIATE TENNIS

Fine tune and correct strokes. Take the next step in improving game skills. Learn overhead smash, lob, top spin, game strategy and more. Ages 18 and up.

BEGINNING: September 14

DAY & TIME: Wednesday, 7:30-8:30 pm



#### STROKE WORKOUT

One of the things you may need to work on after suffering a stroke is your balance. This workout will retrain your balance through various exercises. Rewire your coordination, and as you increase your balance and coordination, you need to start rebuilding your strength. If you've just had a stroke and have no mobility at all, this workout is not for you. But if you've had a stroke and you've reached a plateau with your physical therapy, give this workout a try. Ages 18 and up.

INSTRUCTOR: Bill Shuttic

LOCATION: Senior and Community Center

BEGINNING: September 13

DAY & TIME: Tuesday, 12:30-1:30 pm

FEE: \$48/6 weeks

#### **FUNCTIONAL FITNESS**

No push-ups, sit-ups, or mats. This is a standing workout that focuses on balance, cardio, coordination, and light strength training. If you need a good work out to get back into shape, this is the class for you! Ages 18 and up.

INSTRUCTOR: Bill Shuttic

LOCATION: Senior and Community Center

BEGINNING: September 13 or 15

DAY & TIME: Tuesday or Thursday, 11:30 am-12:30 pm

FEE: \$48/6 weeks

#### BILLY'S BOOTCAMP

Class combines strength and agility training with a good dose of aerobics. These intense workouts burn calories and make you sweat, energize your body and mind. Ages 15 and up.

INSTRUCTOR: Bill Shuttic

LOCATION: Senior and Community Center

BEGINNING: September 13

DAY & TIME: Tuesday, 7:30-8:30 pm

FEE: \$48/6 weeks



#### MAT PILATES

Strengthen your core with a group Mat Pilates class. Increase your flexibility and develop core strength. Bring light hand weights, bands, and workout mat.

All levels welcome! Ages 18 and up.

INSTRUCTOR: Carol Cugno

LOCATION: Senior and Community Center

BEGINNING: September 13 or 15 DAYS & TIME: Tuesday and/or Thursday,

4:30-5:30 pm

FEE: \$49/7 weeks, Tues or Thurs

\$77/7 weeks, Tues and Thurs (Combo)





#### ART CLASSES WITH TERRI THOMAS

(All material fees paid to instructor at first class.)

LOCATION: Covina Park, Teen Center (unless otherwise noted)

#### WATERCOLOR PAINTING

Explore the basics of watercolor paintings and create fun pictures. Ages 5-10.

BEGINNING: September 23 DAY & TIME: Friday, 4:15-5:15 pm

FEE: \$63/7 weeks, plus \$25 material fee

#### TINY TOT ARTS & CRAFTS

Hands on arts & craft activities designed to bring out creativity. Parent participation required. Ages 2-4.

BEGINNING: September 23 DAY & TIME: Friday, 3:15-4 pm

FEE: \$30/5 weeks, plus \$15 material fee

#### KIDS ACRYLIC PAINTING WORKSHOP

Kids will create a masterpiece on canvas or acrylic paper. No painting experience required. Ages 7-11.

DATE: December 9

DAY & TIME: Friday, 4:15-5:30 pm

FEE: \$8/1 day, plus \$15 material fee

# FAMILY ART TIME WATERCOLOR WORKSHOP

Here is your chance to paint along side your child. Have fun creating a masterpiece together. You will take home two paintings. Both parent and child must register. Ages 6-11.

DATE: December 16
DAY & TIME: Friday, 4:15-5:45 pm
FEE: \$8/1 day (per person),

plus \$12 material fee (per person)

#### ADULT ACRYLIC PAINTING WORKSHOP

Painting is good for the soul. Experience the joy of painting in a basic acrylic painting workshop where students are encouraged to express themselves artistically on canvas or acrylic paper and create a masterpiece they will love and share. No painting experience is required, just a love for the arts!

Ages 18 and up.

LOCATION: Senior and Community Center

DATES: October 11 (Spooky)

November 15 (Autumn) December 6 (Holiday)

DAY & TIME: Tuesday, 9:30-11:45 am FEE: \$8/1 day, plus \$15 material fee

#### ADULT WATERCOLOR PAINTING

Class is geared for beginners and teaches the basic techniques of watercolor painting. No class October 10. Ages 18 and up.

LOCATION: Senior and Community Center

BEGINNING: September 12

DAY & TIME: Monday, 11:30 am-1:30 pm

FEE: \$35/7 weeks, plus \$25 material fee

#### LET'S GET CRAFTY

Call all creative minds, let's get crafty and create beautiful items to decorate your home or give as a gift. Get creative, inspired, and energized while learning a new skill. Ages 18 and up.

LOCATION: Senior and Community Center DATE: October 18 (Spook-tastic Craft)

November 29 (Mason Jar Craft) December 13 (Jolly Holly Craft)

DAY & TIME: Tuesday, 9-10:15 am

FEE: \$8/1 day, plus \$10 material fee

# **Young Rembrandts**

New lessons that meet California State Standards for Visual Arts. All materials are included.

No class October 10.

LOCATION: Senior and Community Center

BEGINNING: September 12 FEE: \$78/6 weeks

#### PRESCHOOL DRAWING

This class is specifically designed with the needs of young learners in mind. We provide a positive, nurturing environment while students learn to draw and develop skills that prepare them for Kindergarten. As students draw and color fun, familiar objects, they practice following directions and staying on task. Ages 4-5.

DAY & TIME: Monday, 3-3:55 pm

#### BASICS OF ELEMENTARY AND CARTOON DRAWING

This class combines our essential basics of drawing and our humorous cartoon curriculum. Students improve drawing skill, understanding of concepts, and increase art vocabulary as well as create silly characters and story sequences that tell jokes. Ages 6-12.

DAY & TIME: Monday, 4-4:55 pm



#### PRIVATE PIANO LESSONS

PREREGISTRATION is MANDATORY. Students learn elementary to full comprehensive music theory fundamentals, along with proper piano fingering technique. Must have access to a piano or keyboard for class and practice. Evaluation at first class to determine books. Half-hour private lessons. No class October 10 and 31. Ages 6 and up.

INSTRUCTOR: Devin Thomas Measom
LOCATION: Senior and Community Center
BEGINNING: September 12, 13 or 14

DAYS & TIMES: 3:30-8:30 pm (Monday), 6-7 pm (Tuesday), 3-5:30 pm (Wednesday) FEE: \$108/6 weeks (Monday), \$126/7 weeks (Tuesday or Wednesday)







#### MAGIC FOR YOUTH

Learn the basics of magic & sleight of hand. Ages 8-17.

INSTRUCTOR: Devin Thomas Measom Senior and Community Center LOCATION:

**BEGINNING:** September 13

DAY & TIME: Tuesday, 3:30-4:30 pm

FEE: \$56/7 weeks, plus \$10 material fee

paid to instructor at first class

#### PARENT & ME WIGGLES & GIGGLES

Parent and child will have fun with movement, music and exercise! Parent participation required. Ages 1-3.

INSTRUCTOR: Terri Thomas

LOCATION: Covina Park, Recreation Hall

BEGINNING: September 15

DAY & TIME: Thursday, 11:30 am-12:15 pm FEE: \$48/8 weeks, plus \$15 material fee

paid to instructor at first class

#### **CHESS**

Join a fun and educational class and learn the basic moves, opening and mid-game strategies, and the all-important end-game. All levels will play matches

against each other. Ages 8-17.

INSTRUCTOR: Devin Thomas Measom LOCATION: Senior and Community Center

BEGINNING: September 13

Tuesday, 4:30-5:30 pm DAY & TIME:

FEE: \$49/7 weeks

#### TOTALLY TOTS

Toddlers will learn fun through play, such as painting, solving puzzles, and playing with playdough. They discover phonics, shapes, colors, numbers, days of the week and months of the year through songs. Parent participation required. Ages 18 mos.-4 yrs.

INSTRUCTORS: Vihulu Villagran & Diana De la Cruz

LOCATION: Senior and Community Center

**BEGINNING:** September 14 DAY & TIME: Wednesday, 6-7 pm

FEE: \$63/7 weeks, plus \$15 material fee

paid to instructor at first class

#### TOT PARTIES WITH TERRI THOMAS

Parent participation required. Ages 18 mos.-5 yrs.

FEE: \$8/1 day, plus \$7 material fee

paid to instructor at class

LOCATION: Covina Park, Recreation Hall

TIME: 12:30-1:30 pm

#### BOO! TOT PARTY TIME

Wear your favorite costume, add a little touch of Halloween magic, and we will have some ooky, kooky, and not too spooky fun! Exciting activities, with treats to

take home, are all part of the Halloween fun!

Friday, October 28

#### TOT PARTY Let's celebrate with thankful hearts, this joyful time of year, with fun activities and crafts. Take home yummy

"gobble" goodies! Friday, November 18

TURKEY TIME

# JINGLE ALL THE WAY TOT PAJAMA

Wear your PJs for a party filled with activities, storytelling, songs, dancing, crafts and a snack to take home. Bring a blanket and your favorite stuffed animal.

Thursday, December 8



ALL DANCE CLASSES take place at Covina Park, Recreation Hall, (unless otherwise noted)

#### DANCE WITH TERRI THOMAS

BEGINNING: September 15

#### BABY BALLET/CREATIVE DANCE

Parent participation required. Ballet attire and ballet shoes recommended. Ages 2-4. DAY & TIME: Thursday, 9:15-9:50 am

FEE: \$48/8 weeks

#### TINY TOT TAP AND BALLET

Ballet attire, tap and ballet shoes recommended.

Ages 3-4.

DAY & TIME: Thursday, 10-10:45 am

FEE: \$56/8 weeks

#### DANCE WITH SHAWNA COOK

Ballet attire and shoes recommended.

No class November 5.

BEGINNING: September 13 or 17

#### TINY TOTS BALLET - Ages 3-4

DAYS & TIMES: Tuesday, 3:15-4 pm

Saturday, 9-9:45 am

FEE: \$48/8 weeks

#### BEGINNING BALLET - Ages 5-12

DAYS & TIMES:

Tuesday, 4-4:50 pm (Ages 5-6) Saturday, 10-10:50 am (Ages 5-6); Saturday, 11-11:50 am (Ages 7-12)

FEE: \$56/8 weeks

#### YOGA & DANCE CLASSES WITH AUBURN

BEGINNING: September 13

#### YOGA & DANCE FOR TODDLERS & PARENTS

Learn the basics of movement, stretching, breathing techniques, and follow the leader and listening skills. A fun way for parents and kiddos to bond and get some exercise! Bring yoga mat and dress comfy! Parent participation

required. Ages 18 mos.-3 yrs.
DAY & TIME: Tuesday, 5-5:45 pm

FEE: \$70/8 weeks

#### KIDS YOGA & DANCE

Ages 3-5 will learn the fundamentals of yoga, while ages 6-12 will gain a deeper knowledge of yoga that will teach them "calm down" strategies and breathing techniques. Both focus on mindfulness and dance in a fun way that incorporates ballet, tap, jazz and hip hop! Bring ballet or jazz shoes, tap shoes and a yoga mat each week! Ages 3-12.

DAY & TIMES: Tuesday, 5:45-6:30 pm (Ages 3-5)

6:30-7:15 pm (Ages 6-12)

FEE: \$70/8 weeks

#### FLAMENCO FOR KIDS

Learn basic techniques of this beautiful Spanish style dance. Students work on footwork, arm strength and style! Bring a shoe with a strap/heel and a long skirt. Ages 5-12.

DAY & TIME: Tuesday, 7:15-8 pm

FEE: \$70/8 weeks

#### EGYPTIAN BELLY DANCING

Beginning class covers basic figure eight movements with basic turns and steps. Adv./Int. class covers beyond basic belly dance moves, including different types of shimmies and

layering. Ages 16 and up. INSTRUCTOR: Arlene Mar BEGINNING: September 14

DAY & TIMES: Wednesday, 6:30-7:30 pm (Beg.),

7:30-8:30 pm (Adv/.Int.)

FEE: \$70/7 weeks



#### LINE DANCE WITH PAM WAGONER

No partner needed. No sandals. LOCATION: Senior and Community Center

#### LINE DANCING

Learn the latest line dances step-by-step in a relaxed atmosphere. This class is also a great way to stay in shape. No class October 10 and 31. Ages 16 and up.

#### **BEGINNING:**

Session I: September 12 Session II: November 28

DAY & TIMES: Monday, 7-8 pm (Beginners)

8:15-9:15 pm (Intermediate)

FEES:

Session I: \$30/6 weeks, Beg. or Int.

\$45/6 weeks, Beg. and Int.

Session II: \$20/4 weeks, Beg or Int.

\$30/4 weeks, Beg. And Int.

#### LINE DANCING FOR SENIORS

This is a great way to exercise while having fun. Learn proper heel, toe steps along with simple dance routines.

#### Ages 18 and up.

#### **BEGINNING:**

Session I: September 13 Session II: November 29

DAY & TIMES: Tuesday, 1:30-2:30 pm (Beginners)

or 2:45-3:45 pm (Intermediate)

FEES:

Session I: \$28/7 weeks Session II: \$16/4 weeks



1404 N. Azusa Ave.

866.287.6225 | CUSoCal.org



COVINA SENIOR AND COMMUNITY CENTER | 815 N. Barranca Avenue | (626) 384-5380 OPERATING HOURS: Monday-Thursday, 8:30 am-4:30 pm, Friday, 8:30 am-1:30 pm HOLIDAY CLOSURES - Monday, Sept. 5 (Labor Day), Monday, Oct. 10 (Indigenous Peoples' Day) Friday, Nov. 11 (Veterans Day), Thursday and Friday, November 24 and 25 (Thanksgiving)

#### WELCOME BACK!

The City of Covina welcomes our older Adult Community back into the Senior and Community Center.

Masks are strongly recommended, but not required.

# senior nutrition



#### DRIVE-THRU NUTRITION PROGRAM

Ages 60 and up.

Until further notice, the Nutrition Program will continue to operate as a drive-thru program for Covina residents only. The program provides (7) meals for the week on Thursdays, by reservation only. Funded in part by Community Development Block Grant and with Federal funding through the LA County Area Agency on Aging, the program is administered by YWCA of San Gabriel Valley.

For reservations, please call (626) 384-5380, on Thursday beginning at 10 am, one week in advance of the drive-thru date. Program reservations are automated and on a first-come, first-served basis.

#### HOME DELIVERED MEAL PROGRAM

Ages 55 and up

The Home Delivered Meal Program is offered through YWCA of San Gabriel Valley and provides healthy meals to homebound older adults. The frozen meals are delivered in a package of seven meals once per week. A quick client assessment to see if the client meets the criteria is handled over the phone by calling Gloria at (626) 214-9467 (English).



SERVICE HOURS: Monday-Thursday, 8:30 am-4:30 pm, Friday, 8:30 am-1:30 pm

Please remember to wear your orange wristband to enter. If you don't have an orange wristband, please call us to schedule an orientation to receive one.

Fitness Center use is on a first-come, first-served basis.

#### **VOLUNTEERS NEEDED!**

Volunteerism looks good on everyone! Volunteering gives you the opportunity to meet people and make new friends. It is also very rewarding, providing a sense of accomplishment as you give back to your community. Those engaged in volunteering report higher levels of well-being. Training will be provided.

If you're interested, please call (626) 384-5380 for an application and available opportunities.

# FREE BIRTHDAY CANDY BAR CELEBRATIONS

Age 60 and up

Celebrate your birthday with a sweet treat...a birthday candy bar! Must register through Nutrition program.

DATES: Sept.15, Oct. 20, Nov. 17, Dec. 15

#### THE COFFEE CORNER

Enjoy a cup of coffee and conversation! A time to gather and meet new friends. At times there will be guest speakers or just a mix and mingle.

DAY & TIME: Friday, 9-10:30 am

DATES: Sept. 16, 30, Oct. 14, 28, Nov. 18, Dec. 9

#### MOVIE MONDAYS

Join us for a Movie Day with friends!! FREE admission. We'll even provide popcorn to enjoy during the show!

DAY & TIME: Monday, 2-4 pm





DOG (PG13) September 26



Hocus Pocus (PG)
October 17



The Santa Clause (PG)
December 12

# Special Events

# Hocus Pocus

# HULLABALOO SOCIAL

We'll put a Spell on you!

It's Hocus Pocus Fun and we're going to party like it's 1693!!

Join us for a meet & greet with Mad Science Mocktails, make your own Purrrrfect Cat Ears, and have some wicked, witchy fun taking pictures with some ghouls.

Registration required.

Friday, October 28 2-4 pm \$5 per person

REGISTRATION/REFUND BY: Friday, October 7





Have a Turkey-tacular time!
Here's your chance to thank a
friend, share time with friends or
make new friends as you dance the
turkey trot! Registration required.
Wednesday, November 16
2:30-5:30 pm
\$5 per person

REGISTRATION/REFUND BY: Tuesday, November 1



Warm up at the Hot Chocolate Bar!
Build your own cup of hot
chocolate cheer by choosing
some of your favorites from a
variety of different mix-ins.
Sit, sip and enjoy amongst friends!
Want to make it even more
festive? Wear your ugliest
Christmas sweater and you may
win a prize! No event is complete
without a holiday sing-a-long!
Tuesday, December 20
2-4 pm
\$5 per person

REGISTRATION/REFUND BY:

Wednesday, December 2

#### PROGRAMS & SERVICES

#### FREE LEGAL ASSURANCE - Ages 55 and up

Covina Residents only. For appt., call (626) 384-5380.

Anna Valiente Gomez

DAY & TIME: Wednesday, 2-3 pm

DATES: September 14, October 12, November 16,

December 14

Kevin Stapleton

DAY & TIME: Tuesday, 1-2 pm

DATES: September 13 and 27, October 11 and 25,

November 15 and 29

#### FREE CLASSES PROVIDED BY MT. SAC

All classes are on a walk-in first-come, first-served basis. Must purchase own supplies. No class 10/10, 11/1-11/25.

FALL SESSION: September 12-December 16

HANDCRAFTED NEEDLEWORK FOR RETAIL SALE DAY & TIME: Monday, 1:30-4:20 pm (12 weeks)

**HEALTHY AGING** 

DAY & TIME: Monday, 1-1:50 pm (12 weeks)

HEALTHY AGING PRINCIPLES OF POSTURE AND

**FLEXIBILITY** 

DAY & TIME: Monday, 2-2:50 pm (12 weeks)

HEALTHY AGING PRINCIPLES OF SLOW MOVEMENT

DAY & TIME: Friday, 1-1:50 pm (11 weeks)

#### <u>ALZHEIMER'S ASSOCIATION WORKSHOPS</u>

#### HEALTHY LIVING FOR YOUR BRAIN & BODY

Learn what research has shown about lifestyle choices that may help keep your brain and body healthy as you age. Hear practical ways you can incorporate changes into a plan for healthy aging.

DATE & TIME: Tuesday, September 27, 10-11 am

#### EFFECTIVE COMMUNICATION STATEGIES

Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

DATE & TIME: Tuesday, October 25, 10-11 am

# MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCES

If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans in place. Learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning. DATE & TIME: Tuesday, November 15, 10-11 am

#### TECH TALK - FREE!

Need assistance to overcome the fear of operating your cell phone, smart phone, tablet, laptop, iPad or a new app? Meet the tech-savvy teens from the Covina T.E.A.M. (Teens Endeavor to Accomplish More) as they help you navigate the digital world. (Must bring your own device). Preregistration required. Space is limited.

DAY & TIME: Thursday, 3:30-4:30 pm

DATES: September 8, 22, October 13, 27,

November 17

#### INFORMATION & REFERRAL - Ages 55 and up

This is a free service and funded by Community Development Block Grant . Staff maintain a resource file of local programs and services that contribute to the health and well-being of older adults. If you need access to services, call (626) 384-5380 or contact the 24-hour LA County INFO LINE at (626) 350-6833.

#### SOCIAL SERVICES FOR SENIORS

Funded by Community Development Block Grant and coordinated by YWCA of San Gabriel Valley.



CASE MANAGEMENT SERVICES - Ages 60 and up

Case Management services include a comprehensive assessment of the client, care plan for services, and monthly contract to monitor and modify services as needed. For appointments, call (626) 384-5380. Appointments required and available 9 am-12 pm on the 2<sup>nd</sup> and 4<sup>th</sup> Monday of each month.

Services Include:

Homemaker Services, Personal Care, Respite, Registry, Transportation, Telephone Reassurance, Assistive Equipment, Housing Referrals, and assistance with Social Security issues/Advocacy.

#### ADVISORY COMMITTEE AND CLUBS

LOCATION: Senior and Community Center

#### SENIOR ADVISORY COMMITTEE

If you would like to know what's happening at the center? Join us! Meetings open to the public.

DAY & TIME: Wednesday, 9:30 am

MEETING DATES: TBA

**QUILTERS CLUB** 

DAY & TIME: MEETING DATES: Wednesday, 2-4 pm September 7, 14, 21, 28 October 5, 12, 19, 26 November 16, 23, 30 December 7, 14, 21



234 North Second Avenue | Library Services - (626) 384-5303 | Literacy Services - (626) 384-5280 covinalibrary@covinaca.gov | Hours: Tuesday-Friday, 12-5 pm and Saturday, 10 am-4 pm HOLIDAY CLOSURES:

Saturday, September 3 (Labor Day), Saturday, October 8 (Indigenous Peoples' Day)
Friday, November 11 (Veterans Day), Thursday-Saturday, November 24-26 (Thanksgiving Holiday)
Saturday, December 3 (Covina Christmas Parade—Closing at 3 pm)

#### COVINA LIBRARY BOARD OF TRUSTEES

Denaee Amaya, Jeanne McCabe, Diana Mullins



SPECIAL PROGRAM
Literacy & National Library
Card Sign-up

# Saturday, September 17 11 am-2 pm

Join us to celebrate all things Library and Literacy this September! Drop-in at the Library and enjoy fun, family activities, storytime, and sign-up for a Library Card!

# **READING PROGRAM**October 1-November 12

For every five level-appropriate books read, children will earn an Achievement Award (limited to 3 per child for a FREE hamburger or cheeseburger). Ages 4-12. Visit the Library and sign up at the front service counter.

#### ONLINE REGISTRATION FOR EVENTS AND ACTIVITIES!

For events or activities requiring preregistration, please visit covinaca.gov/library and "click" the link for online registration. Registration opens one week prior to program You may also call (626) 384-5303 or visit the Library for registration assistance.

#### PROGRAMS AND EVENTS FOR EVERYONE

#### **FAMILY TRIVIA**

Hey smarty pants! Gather your family, put on your thinking cap, and join us for an afternoon of fun and amusing questions! Winners will get a digital shout out on the Library's social media



page. Visit covinaca.gov/library for the ZOOM link and password.

DAY & TIME: Saturday, 2-3 pm

DATES: October 15, November 19, December 17

#### **NEW!** WALK- IN FAMILY STORYTIME

Visit the library for a family program filled with songs, stories, and activities. Families must visit Service Desk for a FREE ticket to participate. Each person attending requires a ticket, available for pick-up 30 minutes prior to the storytime.

DAY & TIME: Saturday, 11 am

DATES: September 24, October 22

# WINTER READING CHALLENGE "HOLIDAYS AROUND THE WORLD"

Connect with old traditions and learn about winter celebrations from around the world with a virtual reading challenge! Sign up at covinaca.beanstack.org

DATES: December 1-31

#### BANNED BOOKS WEEK

#### Books Unite Us, Censorship Divides Us

Books are banned and challenged for many reasons! Enjoy your freedom to read by checking out a book from the Banned Book display.

DATES: September 18-24



#### TREE OF GRATITUDE

Take a leaf and tell us what you are grateful for this year. Can't think of anything? Give thanks for books and tell everyone what your favorite book is and why.

DATES: November 1-26

#### KIDS' CORNER - FREE!

#### BRIGHT BEGINNINGS - Ages 0-3 years

Brighten up your child's universe as you guide them through the wonderful world of books! These kits are filled with colorful reads, activities, and more and are an opportunity to bond and develop essential reading habits. Kits available on a first-come, first-served basis.

PICKUP DAY & TIME: Saturday, 10 am-3 pm

DATES: Oct. 1, Dec. 3

#### KIDS CREATE – Ages 5-8

Taught step by step, these exciting crafts inspire children to be artistic and explore their creative skills. Preregistration required.





#### MAKERSPACE - Ages 8-12

Design! Create! Explore! Children stretch their mental muscles with projects and learning experiences that teach science, technology, engineering, art, and math. Projects address special topics and skills that help children succeed in a STEAM-powered world! Preregistration required.

DAY & TIME: Thursday, 4-5 pm Sept. 8, Oct. 13,

Nov. 10, Dec. 8

#### STORYTIME - Ages 2-4

Kickstart your child's education with stories that delight and inspire, presented by Miss K and Miss V! Children learn, sing, dance, and play with fun, interactive stories and activities that foster early literacy and teach

important life skills. Preregistration required. No storytime October 26 or November 23.

DAY & TIME: Wednesday, 11 am DATES: Sept. 7-Dec. 14



#### TWEEN & ADULT PROGRAMS - FREE!

#### TWEENS - AGES 10-13

You've got the creativity; we've got the supplies. Teens and tweens are invited to explore, and craft projects designed to spark creativity and expose them to new skills, and ideas. Enjoy the vibe as you create, explore, and socialize OFFLINE. Preregistration required.

DAY & TIME: Tuesday, 3 pm

DATES: September 20, October 18, November 15

#### **ADULT DIY**

Bring out your creative energies at a place where innovation and imagination meet! Join us as we unwind and express ourselves through some DIY crafts.

DAY & TIME: Saturday, 11 am

DATES: September 10, October 1,

November 5, December 3



This program is funded, in part, by the California Library Literacy Services, Workforce Innovation and Opportunity Act, and the Community Development Block Grant. The Second Start Literacy Program is committed to lifelong learning and educational enrichment. Programs are designed to help improve reading, writing, and math skills through small group classes by trained volunteers.

Contact Us: (626) 384-5280 | Email: Ijimenez@covinaca.gov

#### ADULT BASIC EDUCATION (ABE)

Classes are designed to help adults build reading, writing, vocabulary and comprehension skills with contextualized nonfiction and fiction passages. Levels 1 and 2 emphasize learning to read, developing basic decoding, vocabulary and writing skills. Levels 3 and 4 focus on the essential components of reading and help prepare for General Education Diploma (GED).

CLASS	DAYS	DATES	TIME
Level 1, 2	TU/TH	Sept. 6-Dec. 15	1:30-2:30 pm
Level 3, 4	W/F	Sept. 7-Dec. 16	1:30-2:30 pm

#### ENGLISH AS A SECOND LANGUAGE (ESL)

ESL classes focus on developing speaking, listening, reading, writing, and computer skills needed for daily life. In both classes, adults practice pronunciation of individual and complex sounds, rhythm, intonation, and grammar activities to improve everyday communication and build a foundation of the English Language.

CLASS	DAYS	DATES	TIME
Level 3, 4	W/F	Sept. 7-Dec. 16	10-11 am

# ENGLISH AS A SECOND LANGUAGE (ESL) ZOOM CLASS

CLASS	DAYS	DATES	TIME
Level 1, 2	TU/TH	Sept. 6-Dec. 15	10-11 am

#### CITIZENSHIP PREPARATION CLASS

Learn United States History and civics, practice reading, writing, and improve English skills for the Citizenship interview. No Class Oct. 8 or Nov. 26.

DAY & TIME: Saturday, 10 am

DATES: September 10-December 17

#### **TUTOR INTEREST SESSION**

Want to make a difference in your community? Consider becoming a Literacy tutor! Come join us and learn about the Second Start Literacy Program and how YOU can become a tutor. Tutors must be 18 years or older.

DATE & TIME: Saturday, October 15, 10-11 am





# e-Resources

#### **ABCmouse**

Explore ABCmouse.com's award-winning invaluable resource for young learners, ages 2-8+. Enjoy fun interactive activities while learning to read and do math, science, social studies, art, and music!

#### LEARNING PLATFORMS

Brush up on your skills or learn a new skill. Take classes on topics such as health and wellness, cooking, travel, and more. Through a partnership with the California State Library, the Covina Public Library is excited to bring six new FREE learning platforms to **Your Library!** Please visit https://covinaca.gov/library/page/online-learning for full details and description of each subject.

#### E-BOOKS, AUDIOBOOKS AND VIDEOS

Can't make it to the Library? Access the e-media collection from home or on the go! Use your computer and go to https://scdl.overdrive.com or



download the Overdrive app on your smart device. Select the Covina Public Library from the drop-down menu and enter your Library Card number. It's that easy!

#### **PRESSREADER**

Want to read magazines or newspapers from around the world? PressReader has over 7,000 publications from 150 countries in 65 languages. Search content, print articles, and much more. Visit https://covinaca.gov/library/page/e-books-audio and click on PressReader to get started.







#### THE FRIENDS OF THE COVINA PUBLIC LIBRARY

Founded in 1962, The Friends are a group of volunteers who support the Library by sponsoring various programs and events. They also raise funds through various fundraising activities. Become a FRIEND today and help Your Library! For more information on becoming a member, please contact Maurice Kane at (909) 374-7109.

#### READING BECOMES ECLECTIC BOOK CLUB

This Eclectic Book Club is dedicated to the exploration and discussion of nearly every genre of the printed word. All are welcome to participate.

#### **SELECTIONS:**

Sept. 21: Harlem Shuffle by Colson Whitehead
Oct. 19: Under the Whispering Door by T.J. Klune
Nov. 16: Greenlights by Matthew McConaughey

Dec. 21: The Big Book of Christmas Mysteries by Otto Penzler

Please note: This activity is not a City of Covina sponsored program and does NOT take place at the Library. This Book Club is sponsored and hosted by the Friends of the Covina Public Library and takes place at an OFFSITE location.

### **FALL BOOK SALE**

Autumn is here! Fall into READING with a good book. Come to the Book Sale and pick up your fall read! Enjoy a day perusing book and sale items.

#### DATE & TIME:

Saturday, October 15, 10 am-2 pm (Friends members' only presale 9-10 am)





444 North Citrus Avenue | www.covinapd.org

Lobby: Mon.-Fri., 8 am-5 pm, Sat., 8 am-12 pm | Service: 24 hours a day/7 days a week for emergency response. Customer Service - (626) 331-3391 | 24-Hour Non Emergency Number - (626) 384-5808 | Graffiti Hotline - (626) 384-5599



# TUESDAY, OCTOBER 4 HERITAGE PLAZA 400 N. CITRUS AVENUE

Enjoy live music, police demonstrations, children's games with prizes, station tours, and delicious food vendors. It's a great opportunity to meet your officers and support staff, see the inside of the police station, and hang out with friends and family!

If you'd like to be a vendor at this event, please see our website for more information at <a href="https://www.covinapd.org">www.covinapd.org</a> and we will see you there!



Captain Ric Walczak, Chief David Povero, Captain Daniel Regan



# MEET NEWLY APPOINTED CAPTAIN DANIEL REGAN

Captain Daniel Regan was hired in 1990 as a jailer. He graduated from California State University Long Beach in 1992 with a Bachelor's Degree in Criminal Justice.

He was hired as a sworn police officer in 1992 and graduated from the Los Angeles County Sheriff's Department Academy in 1993. Dan was awarded the Investigations Individual Centurion Award by POALAC in 2009, Covina Police Officer of the Year in 2005 and the Covina Sunrise Rotary Club Community Service Award in 2003. He completed the POST Sherman Block Supervisory Leadership Institute Course in 2015.

During his tenure, he has been a Field Training Officer, K9 Officer, Detective, and SRT member (2002-2020). Dan was promoted to Captain on May 14, 2022 and currently manages the Investigations Unit, K9 Unit, Firearms Unit and the Records Unit.



534 N. Barranca Ave. | Lobby Hours: Monday-Thursday, 6 am-4:30 pm | (626) 384-5480

# Dial-A-Ride Program for City Residents

Covina's Dial-A-Ride Program provides curb-to-curb transportation service within City limits for registered City of Covina Residents, and also travels to local medical and



government offices within a three (3) mile radius of Covina. Residents 60 years of age or older and those under 60 with an Access Services membership (or approved ADA Application) are eligible for the program. Dial-A-Ride provides travel assistance on Weekdays from 7 am-5:30 pm (last appointment at 5 pm) and Weekends from 7 am-3 pm (last appointment at 2:30 pm). Service is unavailable on select holidays.

Registering for Covina Transit Dial-A-Ride Service

Please bring required documentation (a government-issued photo ID card and a utility bill or other proof of residency) to the Public Works Engineering Counter located at Covina City Hall, Monday through Thursday from 7 am-6 pm. There is no cost to register and eligible participants are able to permanently use the service as needed once registered. Individuals living in the L.A. County unincorporated area of Covina can register for services with L.A. County Dial-A-Ride by calling (800) 439-0439.

Registered Users request service by calling (877) 858-5556

- ⇒ Trips to and from City Hall, the Senior & Community Center and other City facilities are Free
- ⇒ Trips within the City of Covina and to the Eastland Shopping Center are \$0.25 one-way
- ⇒ Trips for appointments and to government facilities up to three miles outside of Covina city limits are \$2 one-way
- ⇒ Trips to Kaiser Permanente in Baldwin Park/Irwindale and City of Hope in Duarte are \$4 one-way

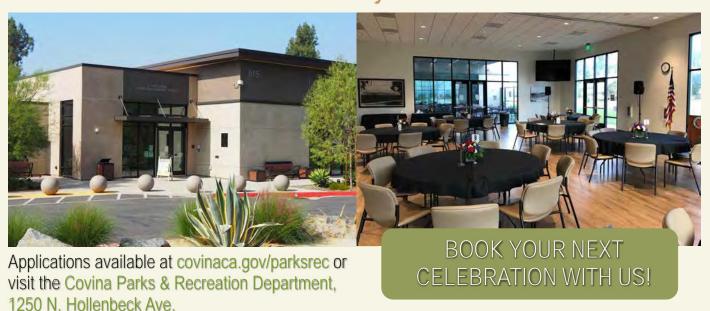
For additional information, please contact the City's Transportation Division at (626) 384-5520.



# **FACILITY RENTALS**

- Cougar Park Community Center
- Recreation Hall, Covina Park
- Covina Senior and Community Center, Sunkist Park
- Covina Park Bandshell and Heritage Plaza

Birthday Parties • Wedding Receptions • Baby Showers Retirement and Anniversary Parties • and More!



### **FACILITY RENTAL FAQ**

Can I tour the facility?

By appointment only. Please call (626) 384-5340 or email rentals@covinaca.gov to schedule a tour.

Are tables and chairs included in the rental fee?

Yes, for indoor facility rentals, tables and chairs are provided. The number and type of tables and chairs vary by location.

Are alcoholic beverages allowed at any rental?

No, alcoholic beverages are not permitted in any City building or City park.

How far in advance do I need to submit my rental application?

Applications must be submitted at least 45 calendar days in advance.

Do I get a resident discount when renting a facility or park space?

For some park spaces and facilities, the hourly use rate for Covina residents and non-residents differ. Please see rental application for pricing and general policies.

May I provide my own food caterer at my rental?

Yes, as long as it is approved by the Parks & Recreation Department, this includes "taco man" services. Food Trucks are not permitted.

Fall 2022 | Covinaca.gov



Scan to access the Facility
Guide for more information
on size of facilities,
amenities, and rates.



#### BANNA PARK - Cypress St. and N. Banna Ave. (2 acres) - Hours are 5 am-10 pm

Dog park (large and small dog areas); playground (5-12 years); outdoor fitness equipment; picnic tables; walking path

#### COVINA PARK - 301 N. Fourth Ave. (10 acres) - Hours are 5 am-10:30 pm

Inclusive playground (2-12 years); Challenge Course (13 years and up); 1/4 mile rubberized track with fitness stations; basketball, tennis, and pickleball (bring your own net) courts; roller rink; horseshoe pit; Aquatic Center; Recreation Hall; historical murals; parking; picnic tables; restrooms; barbecues

#### COUGAR PARK - 150 W. Puente St. (1 acre) - Hours are 5 am-10 pm

Playground (5-12 years); outdoor fitness equipment; splash pad; Community Center; Community Garden; historical mural and display panels; parking; restrooms; picnic tables

#### EDNA PARK - 220 W. Edna Pl. (2 acres) - Hours are 5 am-10 pm

Playground (2-12 years); picnic tables (this is a neighborhood park, no restrooms available)

#### HERITAGE PLAZA - 400 N. Citrus Ave. (2 acres) - Hours are 5 am-10 pm

Playground (2-5 years); historical walk; parking; restrooms; picnic tables

#### HOLLENBECK PARK - 1250 N. Hollenbeck Ave. (10 acres) - Hours are 5 am-10:30 pm

Playground (5-12 yrs); basketball court; Parks & Recreation office; parking; restrooms; picnic tables

#### JOBE'S GLEN AT JALAPA PARK - Village Oaks Dr. & E. Garvey Ave. No. (2 acres) - Hours are 5 am-10 pm

Playground (5-12 years); picnic tables; War Memorial; Olmec Head

#### SUNKIST PARK (formerly Kelby Park) - 815 N. Barranca Ave. (6 acres) - Hours are 5 am-10:30 pm

Playground (5-12 years); Senior and Community Center; parking; restrooms; picnic tables

#### THREE OAKS PARK - 829 Oak Park Rd. (<1 acre) - Hours are 5 am-10 pm

Green space only

#### WINGATE PARK - 735 N. Glendora Ave. (17 acres) - Hours are 5 am-10 pm

Playground (5-12 year); basketball, paddle tennis, tennis courts; roller rink; parking; restrooms; picnic tables; nature trail

#### **General Park Information and Policies**

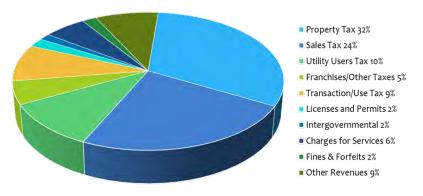
- Jumpers and Inflatables are NOT permitted.
- Park space is available on a first-come, first-served basis for groups under 50.
- Picnic areas are NOT available for reservation at any park.
- BBQs are permitted (coals must be carried out following use). Propane grills recommended.
- Dogs allowed at all City parks while on a leash, but NOT permitted at City events.
- Alcohol and smoking/vaping are **NOT** permitted at any City park or facility.

For more information, please scan QR Code or call (626) 384-5340.

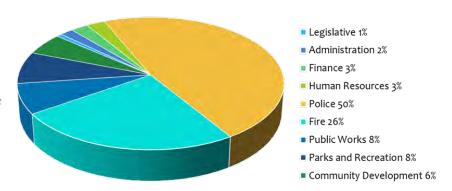
# Fiscal Year 2022-2023 Budget

On May 17, 2022, the City Council adopted a balanced budget for Fiscal Year 2022-2023, with General Fund projected revenues and expenditures totaling \$46,320,250. The proposed General Fund budget utilizes \$4 Million in Transaction and Use Tax funds and \$3 Million in American Rescue Plan Act (ARPA) revenue replacement funds.

The charts to the right provide a summary of how City services are funded, as well as the percentage of funding designated for each department.



#### WHERE OUR MONEY GOES



## 2022 California General Election Tuesday, November 8



#### **IMPORTANT DATES:**

The last day to register to vote for the November 8, 2022, General Election is October 24, 2022.

All California active registered voters will receive a vote-by-mail ballot for the November 8, General Election.

Your county elections office will begin mailing ballots no later than October 10, 2022.

#### Your General Election ballot will include:

- 7 Ballot Propositions
- Statewide candidates for U.S. Senate, Governor, Lieutenant Governor, Secretary of State, Controller, Treasurer, Attorney General, Insurance Commissioner, Member of State Board of Equalization, State Superintendent of Public Instruction
- U.S. Representative in Congress, State Senator, State Assembly Member
- Supreme Court Justices, as well as other local candidates and local measures.

Return your vote-by-mail ballot by mail with prepaid postage as long as it's postmarked on or before Election Day and received by November 15, 2022, or in-person to a secure ballot drop box, to a voting location or your county elections office by 8:00 p.m. on November 8, 2022.

# THANK YOU CITY SPONSORS!



SUNDAY, OCT 30, 2022 · 2:00-4:00 PM

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