

CITY NEWSLETTER AND PARKS & RECREATION ACTIVITIES GUIDE



Candy Cane 1.5K Page 5

A Very Merry **Christmas Concert** Page 5

Mardi Gras Skate & **Dance Night** Page 6

Breakfast with the Bunny Page 6

Lucky Citrus 5K Page 7



Thank You City Sponsor!





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Primary care:

- Family medicine Q Women's health
- 3 Internal medicine

8

Specialty care:

- Pediatrics
- Cancer Cardiology Neuroscience

5 Stroke

Emanate Health Inter-Community

Emanate Health Foothill Presbyterian

Hospital - Main Lobby 210 W. San Bernardino Road

Hospital - Main Lobby

Covina, CA 91723

250 S. Grand Ave.

Glendora, CA 91741

Orthopedics

Surgery (including

Emanate Health Enrollment Centers

Get the most out of Medicare.

Meet face-to-face with licensed Medicare brokers* at Emanate Health Enrollment Centers.

Emanate Health Resource Center 1041 W. Badillo St., Suite 115 Covina, CA 91722

Emanate Health Queen of the Valley Hospital - Main Lobby 1115 S. Sunset Ave West Covina, CA 91790

rson will be present with information and applications, but there is no obligation to enroll.

Visit emanatehealthipa.com to learn more or call 626.858.8577 to sign up for a Medicare 101 class.



Find the right physician for you.

With physicians and specialists in nearly every field, finding a doctor that fits your needs is easy with Emanate Health Medical Group. When you choose one of our physicians, you also gain access to San Gabriel Valley's most expansive health care network, including comprehensive services and three leading hospitals.























el Santos, DO















Jessica Uhl, PA-C

Lisa Yeung, PA

To schedule an appointment or find a doctor, visit emanatehealthmedicalgroup.com or call 626.858.8577.







bledo MD







COVINA CITY HALL

125 East College Street Monday-Thursday, 7 am-6 pm

HOLIDAY CLOSURES

December 25-January 1 (Holiday Furlough) Monday, January 15 (Martin Luther King, Jr.) Monday, February 19 (Presidents' Day)

City Manager - Chris Marcarello

City Administration

Administration/City Manager's Office(626) 384-5410City Clerk/Records Management(626) 384-5430

Community Development

Building Division Inspection Scheduling Code Enforcement Planning Division Housing Programs (626) 384-5460 (626) 384-5461 (626) 384-5470 (626) 384-5450 (626) 384-5400 x-5906

Finance Department

Customer Service Water Bill Inquiries Business Licenses (626) 384-5510 (626) 384-5230 (626) 384-5512

(626) 384-5555

Instagram

Human Resources

Customer Service

Elected Officials

Mayor Mayor Pro Tom

Mayor Pro Tem Council Member Council Member City Treasurer City Clerk Walter Allen, III John C. King Patricia Cortez Hector Delgado Victor Linares Neil Polzin Andrew Aleman



Andrew Alemar

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HOLIDAY PARKING ENFORCEMENT MORATORIUM

Happy Holidays from the Covina Police Department! Overnight Parking Permits for on-street parking will NOT be needed for the following days:

FRIDAY, DECEMBER 22, 2023 THROUGH MONDAY, JANUARY 8, 2024 (2-4 AM)

(Enforcement resumes at 2 am on Tuesday, January 9)

Toin The Covina Police Foundation on Saturday, December 9, 2023 Trom 9am-noon





Heritage Park 400 N Citrus Covina 91723

> \$10 Donation

Digital Photo with Santa and members of the Covina Police Department

Toys will be given out while supplies last



Saturday, December 16 • Heritage Plaza, 400 N. Citrus Ave.

Time to get Jolly with the whole family at this Downtown event!

Enjoy an immersive holiday stroll through Covina's Historic Downtown with several holiday photo opportunities available along the route and at Heritage Plaza. Participants will receive candy canes to enjoy along the route! As an added treat, holiday music will greet you at the finish line (presented by the Covina Concert Band) and enjoy free hot chocolate, a

candy cane decorating station, and lots of holiday cheer!

TIME: 5 pm (Check-in at 4:45 pm)

FEE:

\$5 per person

REGISTRATION INFORMATION:

ONLINE:
DATES:

covinaca.gov/parksrec Nov. 6-Dec. 15 or until filled

For more information, please call (626) 384-5340 or email citrus5K@covinaca.gov.



Saturday, December 16, 5:30 pm Heritage Plaza, 400 N. Citrus Ave

Free hot chocolate, coffee, and warm tidings welcome you as the Covina Concert Band presents "A Very Merry Christmas" Concert. An evening of holiday music for the entire family to enjoy together as you celebrate the holiday season. Bring your warm blankets and cozy-up for a night to remember.

For more information, please call (626) 384-5340.

with the



For more information, please call (626) 384-5340.

Saturday, March 23 • 9-11 am • Covina Senior and Community Center



A very special bunny is coming to Covina to take part in this spring-themed event recommended for families with children ages 2 to 8. The fun starts with a continental breakfast of donuts, pastries, bagels, fruit, and more! Then continues with a craft, games, dancing, and a photo with the bunny.

Registration Information

- Cost is \$10 per person. All participating family members must register.
- Registration Begins January 8 through March 7, or until filled.
- Limited space available, register early!

Register online at <u>www.covinaca.gov/parksrec</u> or by calling (626) 384-5340.

Luck O' Irish is taking over Covina! Join Citrus on his hunt for the "Pot O' Gold" at the end of the rainbow! Dress for the occasion in your finest green and gold accessories and travel along the rainbow route in search of the Pot O' Gold. Lucky participants will receive a t-shirt and a golden surprise!

DATES:

DATE:Saturday, March 16TIME:9 am (Check-in at 8:45 am)FEE:\$20 per personLOCATION:Sunkist Park, 815 N. Barranca Ave.

REGISTRATION INFORMATION: ONLINE: covinaca.gov/

covinaca.gov/parksrec Better! January 16-March 8 or until filled

For more information, please call (626) 384-5340 or email citrus5K@covinaca.gov



Ever wonder how to get involved with city special events? Just email us at sponsorships@covinaca.gov and we'll send you a sponsorship brochure. It's that simple!

For more information, please call (626) 384-5345 or (626) 384-5344.

DAY TRIPS

Ages 6 and up (travelers under the age of 18, must be accompanied by an adult).

Registration Information

Register online at www.covinaca.gov/parksrec or visit or call one of the following locations:

Covina Parks & Recreation Department 1250 N. Hollenbeck Ave. • (626) 384-5340 Covina Senior and Community Center 815 N. Barranca Ave. • (626) 384-5380

Trip Cancellations/Refunds:

Cancellations must be made by the deadline stated to be eligible for refund.



All trips depart from and return to the Covina Senior and Community Center.



The Getty

Perched in the hills above West Los Angeles you'll find the Getty Museum. See world-class exhibitions featuring art from international museums and Getty's own collections. Explore centuries of art, from Middle Ages to today. Gleaming architecture, fabulous gardens, and breathtaking city views nearly upstage the world-class art at this museum. Grab a cup of coffee at one of the carts or enjoy lunch on your own at one of the two cafes. Moderate to extensive walking and prolonged standing.

Date & Time:Saturday, February 24, 9:30 am-6 pmFee:\$35 (lunch not included)Refund Deadline:January 24

Cherry Blossom Festival at Balboa Park

The Japanese Friendship Garden, also known as Sankei-en is a twelve-acre Japanese garden located within Balboa Park in San Diego. The Cherry Blossom Festival is the Japanese Friendship Garden's largest annual event that celebrates the Cherry Blossoms that bloom only once a year and are truly beautiful. As Spring arrives, the Cherry Blossom trees bloom and the garden celebrates Hinami which is appreciating the beauty of cherry blossoms. Explore numerous vendors, food booths, cultural performances and more. Indulge yourself with tea tasting, cultural treats, beer and sake gardens. Extensive walking and prolonged sitting and standing.

Date & Time:Saturday, March 9, 8:30 am-6 pmFee:\$48 (lunch not included)Refund Deadline:February 9

Los Rios Tea House & San Clemente Outlets

Originally a quaint cottage, the Tea House was lovingly restored by the Niccola family in the 1990s. The family, who still owns and operates the business today, envisioned a special, serene setting where guests could enjoy each other's company. You will be treated with scones, sandwiches, fresh seasonal fruit and of course tea. Afterwards we will head to the San Clemente Outlets where you are free to explore, shop and have lunch or snack on your own. Moderate to extensive walking and prolonged sitting. Date & Time: Saturday, April 20, 9 am-6 pm Fee: \$78 (tea included)

Refund Deadline: March 20



Solvang in Spring

Visit Solvang for a full day of shopping, dining and exploring this wonderful place. Relish in the smell of Aebleskiver and Danish sausages while enjoying the Spring season in the village and all it has to offer. Moderate walking and prolonged sitting.

Date & Time:Sunday, May 19, 8:30 am-7:30 pmFee:\$48 (lunch not included)Refund Deadline: April 18

SPORTS - YOUTH



REGISTRATION INFORMATION

Now thru the first week of program or until filled covinaca.gov/parksrec (626) 384-5340, Parks & Recreation Dept,1250 N. Hollenbeck Ave. Office Hours: Monday-Thursday and alternate Fridays, 9:30 am-5:30 pm Refund Policy: Full refunds may be requested a minimum of 24 hours prior to the start of the program. Prorated refunds are provided if requested less than 24 hours prior to program start, but before the second day of the program. No refunds are provided after the second day of the program has taken place, regardless of whether it has been attended or not.

6-6:50 pm

All programs are coed. Boys and girls play together.

Equipment Requirements: All programs require participants to wear closed-toe athletic shoes (for t-ball rubber/plastic cleats are recommended) T-Ball: Glove Required.

YOUTH SPORTS PROGRAMS

All programs provide instruction and fun in a noncompetitive environment.

Parent & Me (Ages 18 mos.-3 years)

Program focuses on developing motor skills and building basic skills specific to the sport. Coaches quide each parent/child group through a variety of fun exercises/games that encourage positive play and socialization.

Little Tots (Ages 3-4)

Program provides a space where children can experience sports for the first time. The first part of the program consists of drills and the last few weeks friendly games are played. Participants must be age 3 by the

first day of the program. NO exceptions!

Youth (Ages 5-13)

Trained staff will emphasize each child's individual skill development by raising self-esteem and developing a joy for the sport. Covers fundamental skills and scrimmage games are played to incorporate the skills taught.

Basketball - Ages 18 mos.-12 years

Location:	Covina Park, 301 N. Fourth Ave.		
Ages	Days	Times	
Parent & Me	Sat	9-9:30 pm	
3-4	Sat	9:30-10:15 am	
3-4	T/Th	5-5:45 pm	
5-7	T/Th	6-6:50 pm	
8-9	M/W	5-5:50 pm	

M/W

10-12

Jan 27-Mar 2 Jan 27-Mar 2 Jan 23-Mar 14 Jan 23-Mar 14 Jan 22-Mar 13 Jan 22-Mar 13

\$57

\$57

\$108

\$108

\$108

\$108



- I-Ball - Age					
Location:	Hollenbeck Park, 1250 N. Hollenbeck Ave.				
Ages	Days	Times	Dates	Fee	
3-4	Μ	5-5:45 pm	Jan 22-Mar 11	\$76	
3-4	W	5:5:45 pm	Jan 24-Mar 13	\$76	
5-7	M/W	6-6:50 pm	Jan 22-Mar 13	\$108	

SPORTS - ADULT

NOW OPEN! NEW PICKLEBALL COURTS AT HOLLENBECK PARK!!



Pickleball Programs - Ages 10 & up

Open Play:Covina Park, Tennis Courts, 301 N. Fourth Ave.Classes:Hollenbeck Park, Pickleball Courts, 1250 N. Hollenbeck Ave.

Beginner Class (Ages 55 & up)

This 4-week class provides an introduction to this exciting and low-impact sport that is a combination of tennis, badminton, and ping-pong. You will learn drills and play friendly games. Paddles available for use during class.

Open Play (Ages 10 & Up)

Pay a low monthly fee and stop by during any session to play games with other Pickleball enthusiasts!

Program/Level	Ages	Days	Times	Dates	Fees
Beginner Class	55+	T/Th	8:30-9:30 am	Jan 23-Feb 15	\$24
Beginner Class	55+	T/Th	8:30-9:30 am	Feb 20-Mar 14	\$24
Intermediate	55+	T/Th	9:30-10:30 am	Jan 23-Feb 15	\$24
Intermediate	55+	T/Th	9:30-10:30 am	Feb 20-Mar 14	\$24
Open Play	10 & Up	Μ	5-7:30 pm	Jan 8, 15, 22, 29	\$16

Get Fit Mommy & Dad-Bod Bootcamp - Ages 18 & up

Looking to jump start your fitness journey? Workout alongside other parents looking to tone up and improve overall fitness levels. City Staff will guide you through a variety of exercises utilizing body weight and onsite fitness equipment. City Youth Sports programs (see page 9) will run adjacent to the Bootcamp, so the entire family can be active at the same time.

Days & Times:	Monday/Wednesday, 5:30-6:15 pm
Dates:	1/8-1/31 (Session I)
	2/12-3/6 (Session II),
	3/11-4/3 (Session III)
Location:	Covina Park
	301 N. Fourth Avenue
Fee:	\$32 per person, per session



LIBRARY



234 North Second Avenue • covinalibrary@covinaca.gov Library Services - (626) 384-5303 • Literacy Services - (626) 384-5280

Library Hours: Holiday Closures:

Tuesday/Wednesday, 11 am-7 pm, Thursday, 11 am-6 pm, Friday/Saturday, 10 am-4 pm Saturday, December 2 (Closing at 3 pm), December 25-January 1 (Holiday Furlough), Saturday, January 13 (Martin Luther King, Jr.), Saturday, February 17 (Presidents' Day)

SPECIAL PROGRAMS

HERE THERE BE DRAGONS...

January 27, 11 am-1 pm

Dragons have invaded the library! Visit us for a magical day of crafts, activities, and storyime!

LUNAR NEW YEAR FAMILY STURYTIME

Join us for a special Family Storytime to celebrate Vear of the Dragon!

February 24 at 11:00 am <u>Walk-In</u>





READ YOUR WAY ACROSS THE GALAXY IN OUR VIRTUAL READING CHALLENGE! JOIN US ON BEANSTACK MARCH 1-15 FOR FUN THAT'S OUT OF THIS WORLD.

THANK YOU FRIENDS!

Library programs are supported, in part, by the generosity of The Friends of the Covina Public Library.



ONLINE REGISTRATION FOR EVENTS AND ACTIVITIES!

For events/activities requiring registration, visit covinaca.gov/library and "click" the link for online registration. You may also call (626) 384-5303 or visit the Library.

PROGRAMS FOR ALL AGES

Pajama Family Reading Night

Wear your favorite pajamas and join us for a fun-filled evening with storytime and FREE book giveaways and enjoy cozy winter nights. Preregistration is required.

Date	Day	Time
January 25	Thu	5-6 pm

Family Walk-in Storytime

A family program filled with songs, stories, and activities. Participants must visit the Service Desk beginning at 10:30 am to get a FREE ticket to participate. Dates Day Time

Jan 27, Feb 24, Mar 23 Sat 11 am

Walk-in Craft

Drop-in for an afternoon crafting activity. Stay for the entire crafting session and create to your heart's content or swing by on your regular library visit.

Date		0	5	Day	Time
Jan	18, F	eb 15, M	ar 21	Thu	4-5:45 pm

New! Games

Drop-in for a game of Lotería or	⁻ Bingo w	ith prizes!
Dates	Day	Time
Jan 31, Feb 28, Mar 27	Wed	5:45-6:45 pm

KID'S CORNER

Bright Beginnings

Guide your child through the wonderful world of books! These kits are filled with colorful reads, activities, and more and develop essential reading habits. Kits available on a first-come, first-served basis. Ages 0-3

Ріскир	Dates
Feb 3, A	Apr 6

Day Time Sat 10 am-3 pm

New Format! Kids Create: Grab & Go Kits

Stop in for a grab & go craft kit. Kits available on a first-come, first-served basis. Ages 5-8.

0		
Dates	Day	Time
Jan 20, Feb 10, Mar 9	Sat	10 am-12 pm



Children learn, sing, dance, and play with fun, interactive
stories and activities that foster early literacy and teach
important life skills. Preregistration required. Ages 2-4
DatesDatesDayJan 17-Mar 6Wed

Makerspace

Projects address special topics and skills to help succeed in a STEAM-powered world! Preregistration required. Ages 8-12 Dates Day Time Jan 11, Feb 8, Mar 14 Thu 4-4:30 pm

PRE-TEEN, TEEN & ADULT

Pre-Teens

OFFLINE.

You've got the creativity; we've got the supplies. Projects designed to spark creativity, develop ideas, and learn new skills. Enjoy the vibe as you create, explore, and socialize



Pre-registration required.

Ages 10-13		
Dates	Day	Time
Jan 23, Feb 20, Mar 12	Tue	4:30-5:30 pm

Got Game?

Bored? Games! Drop-in at the library for open play board games. Ages 12 & Up Dates Day Time Jan 9, 23, Feb 13, 27, Tue 4-5:45 pm Mar 12, 26

Adult DIY

Take some time for yourself with creative and relaxingDIY crafting activities!DatesDayJan 6, Feb 3, Mar 2Sat11 am-12 pm





Free! Teen Volunteer Program - Ages 13-17 Looking for dedicated teens who have a passion for developing community programs and volunteering. This year-round program is designed for teens that are want to gain volunteer experience and have a positive impact on the community. Teens required to attend the general meetings and volunteer for at least one service opportunity per month to be a part of the T.E.A.M. Parents and teen <u>must</u> attend an Onboarding Meeting and submit an application prior to attending a general membership meeting.

Onboarding Meeting Dates:

Day & Time: Dates: Location: Tuesdays, 6 pm December 12, January 23, February 20, March 26 Covina Public Library, 234 N. Second Avenue

Information: Email teen@covinaca.gov or call (626) 384-5340



Adult Literacy Program

(Funded in part by the California Library Literacy Services and Community Development Block Grant) The program provides FREE tutoring for adults to improve their skills and reach their goals through small group classes led by trained volunteers. For information, visit the Library or call the Literacy office at (626) 384-5280. WINTER SESSION: January 16-March 9

How to join the Literacy Program

- Visit the Library to fill out a registration form
- Literacy staff will contact you to schedule an assessment
- Complete an assessment with literacy staff
- Match with a small group class or tutor, depending upon tutor availability

English Skill for Success

Designed for adults who already speak English well and want to improve their reading, writing, vocabulary and comprehension skills for everyday living.

Citizenship Preparation

Designed for adults with intermediate to advanced English skills.

English as a Second Language (ESL)

Beginning and Intermediate

Classes focus on developing speaking, listening, reading, writing and computer skills needed for daily life.

Friends of the Covina Library

Founded in 1962, this group Volunteers fundraise throughout the year to support the programs and events at the YOUR Library. For more information, please contact Maurice Kane at <u>friendsofcovinalibrary@aol.com</u>

Reading Becomes Eclectic Book Club

January 17: February 21: March 20: April 17: ____ King: A Life by Jonathan Eig Demon Copperhead by Barbara Kingsolver The Covenant of Water by Abraham Verghese Little Monsters by Adrienne Brodeur



Please note: This activity is not a City of Covina sponsored program and does NOT take place at the Library and are sponsored and hosted by the Friends of the Covina Public Library and takes place at an OFFSITE location.

ESL Book Club

Increase your vocabulary and conversational skills! Join the book club and have fun developing your English skills. Open to Literacy Program Participants.

1	5	0	
Date		Day	Time
Jan 17-Mar 6		Wed	11 am-12 pm

Conversation Class

Practice speaking English with other learners, develop vocabulary, and improve pronunciation. Open to everyone. Dates Day Time Jan 20-Mar 9 Sat 10-11 am

Tutor Volunteer Interest Sessions

You don't have to be an education major to change an adult's life! Join us for an information session and find out how YOU can become a tutor. Ages 18 & up Date Day Time January 20 Sat 10-11 am

TEENS & COMMUNITY GARDEN



TEEN VOLUNTEER PROGRAM - AGES 13-17



Covina's T.E.A.M. Advisory & Service is looking for dedicated teens who have a passion for developing community programs and volunteering. This year- round program is designed for teens that are looking to gain volunteer experience and have a positive impact on the community. Teens are required to attend the general membership meeting and volunteer for at least one service opportunity each month to be a part of the T.E.A.M. Parents and teen <u>must</u> attend an Onboarding Meeting and submit an application prior to attending a general membership meeting.

ONBOARDING MEETING DATES

COUGAR PARK

150 W. PUENTE ST.

DAY & TIME:	Tuesdays, 6 pm
DATES:	December 12, January 23, February 20, March 26
LOCATION:	Covina Public Library, 234 N. Second Avenue
INFORMATION:	Email teen@covinaca.gov or call (626) 384-5340



GROW YOUR OWN VEGETABLES ALONGSIDE OTHER GARDENERS WHO ARE PASSIONATE ABOUT GARDENING AND GROWING HEALTHY ORGANIC PRODUCE!

ANNUAL FEES

LARGE/HANDICAP ACCESSIBLE PARCEL *\$50 PER PARCEL

SMALL PARCEL

*\$44 PER PARCEL

*Fees prorated 50% for new applicants approved July 1-Nov. 1 Applications available at www.covinaca.gov or at the Parks & Recreation office, 1250 N. Hollenbeck Ave.

CALL: (626) 384-5340 EMAIL: CPARKCOMMUNITYGARDEN@COVINACA.GOV

CO

CAMP COVINA



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6

SPRING CAMP

Ages 6-12 | Cougar Park, 150 W. Puente St. | Monday-Friday, 7:30 am-5:30 pm

Bring the summer fun into spring! Join us this spring vacation as we provide children with a fun, safe place to spend their days away from school. Exciting activities, including arts and crafts, sports, games and much more will be offered daily. A special event presentation will take place during the week. Campers must bring their own lunch, and snacks will be provided daily. **Campers must be at least age 6 and in the 1st grade prior to their first day of camp (NO EXCEPTIONS).** Space is limited, so register early!

DATES: April 1-5

REFUND DEADLINE:

FEE: \$160 per child (Full payment is due at the time of registration.)

REGISTRATION INFORMATION: REGISTRATION DATES: February

February 5-March 25 or until filled, whichever comes first. Monday, March 25 (no refunds if registering after this date)

Online: Phone in: Walk-in: Office Hours: www.covinaca.gov/parksrec

(626) 384-5340

Covina Parks & Recreation Department, 1250 N. Hollenbeck Ave. Monday-Thursday and alternate Fridays, 9:30 am-5:30 pm



SUMMER CAMP

Get ready for some summer fun! Check back in the Spring Covina Today for more details!

SUMMER REGISTRATION BEGINS MONDAY, APRIL 22!

CLASSES



Registration Information Register online at covinaca.gov/parksrec or visit/call one of the following locations:

Covina Parks & Recreation Department, 1250 N. Hollenbeck Ave. Hours: Mon.-Thurs. and alternate Fridays, 9:30 am-5:30 pm Phone: (626) 384-5340

Covina Senior and Community Center, 815 N. Barranca Ave. Hours: Mon.-Thurs., 8:30 am-4:30 pm, and Fridays, 8:30 am-1:30 pm Phone: (626) 384-5380

(Registration is NOT taken on-site at class locations other than the Senior and Community Center. Class schedules subject to change.)

Class Locations *Cougar Park Community Center,* 150 W. Puente St. (Cougar Park) *Recreation Hall,* 340 N. Valencia Pl. (Covina Park) *Hollfelder Teen Center,* 301 N. Fourth Ave. (Covina Park) *Senior and Community Center,* 815 N. Barranca Ave. (Sunkist Park)

Refund Policy

Full refunds may be requested a minimum of 24 hours prior to the start of the class. Prorated refunds are provided if requested less than 24 hours prior to the start of the first class, but before the second class. No refunds are provided after the second class has taken place, regardless of whether it has been attended or not. For any Private Lessons or one day classes, refunds requested with less than 24 hours notice will only be issued if spot is resold. <u>NO REFUNDS</u> issued after the session begins.

FITNESS

Arthritis Exercise

Designed to help people with any form of arthritis to keep joints flexible, maintain range of motion and build stamina. Bring weights and stretch bands. No class Jan. 15. Ages 18 & up Instructor: Terri Thomas

Location: Senior and Community Center

Dates	Days	Times	Fees
Jan 8-Feb 12	Mon	10:15-11:15 am	\$15
Jan 10-Feb 21	Wed	1:30-2:30 pm	\$21
Jan 12-Feb 23	Fri	10:15-11:15 am	\$21



Must bring light hand weights, bands, and workout mat. All levels welcome. Ages 18 & up Location: Senior and Community Center

Beginner's Workshop

Beginners (first-time participants) must complete this workshop before attending Mat Pilates to focus and breakdown basic positions and exercises necessary to be successful in class.

Dates	Days	Time	Fee
Jan 9-11	T/Th	4:30-5:30 pm	\$20
Mat Pilates			
Strengthen core	and incr	ease flexibility.	
Dates	Days	Time	Fee
Jan 16-Feb 20	Tu	4:30-5:30 pm	\$42

Jan 16-Feb 20	Tu	4:30-5:30 pm	\$42
Jan 16-Feb 22	T/Th	4:30-5:30 pm	\$60
Jan 18-Feb 22	Th	4:30-5:30 pm	\$42

Zumba Gold Fitness®

Class combines low-impact, Latin-based dance fitness moves with a wide range of music. Bring water and towel. No class Jan. 15 & Feb 19. Ages 18 & up

Instructor: Alicia Flores

Location: Se	nior and	Community Center	
Dates	Day	Time	Fee
Jan 8-Feb 21	M/W	8:30-9:20 am	\$48
		Per class drop-in	\$5

Gentle Hatha Yoga

Increase and strengthen your flexibility and balance. Learn relaxation and breathing exercises to promote a healthy body and reduce stress and tension. Yoga mat required. No class

Jan. 15. Ayes I	o a up		
Instructor: Nik	ki Valde	Z	
Location: Ser	nior and	Community Center	
Dates	Day	Time	Fee
Jan 8-Feb 12	Mon	9-10 am	\$35

Tai Chi Chuan

Easy-to-learn system of relaxed movements provides strength and a workout without physical exhaustion. Improve the mind's focus and regain lost ability of motion. Ages 12 & up

0		5	0	
Instructor:	Dan Layne	9		
Location:	Covina Pa	irk, Recreation	Hall	
Dates	Day	Time		Fee
Jan 12-Feb 16	Fri	6-7 pm		\$36

Fall-Proof Balance and Mobility

Improve your health and sense of vitality! After careful review, an individual balance and mobility routine will be implemented.

Ages 18 & up

Instructor:	Dan Layne))	
Location:	Senior and	Community Center	
Dates	Day	Time	Fee
Jan 13-Feb 17	' Sat	11 am-12 pm	\$42

Get Fit Mommy and Dad-Bod Bootcamp

Looking to jump start your fitness journey? Workout alongside other parents looking to tone up and improve overall fitness levels. You'll be guided through a variety of exercises utilizing body weight and onsite fitness equipment. City Youth Sports programs (see pg 9) will run adjacent to Bootcamp, so the entire family can be active at the same time. Ages 18 & up Instructor: City Staff

motraotor.	ong olun		
Location:	Covina Park	, 301 N. Fourth Avenue	
Dates	Day	Time	Fee
1/8-1/31	M/W	5:30-6:15 pm	\$32
2/12-3/6	M/W	5:30-6:15 pm	\$32
3/11-4/3	M/W	5:30-6:15 pm	\$32
		•	

Tae Kwon Do

Class focuses on respect, self-discipline, self-esteem, positive attitude, self-defense and mental and physical awareness.

, .goo o a ar		
Instructor:	Tony Castro	
Location:	Covina Park, Recreation H	Iall
Belt Test:	Saturday, March 16	
Dates:	January 11-March 9	
Days:	Thursday/Saturday	
Fee:	\$90	

Mandatory \$45-\$50 uniform fee paid to the instructor at first class. Optional equipment for purchase at first class. \$60 Belt Test fee if applicable.

Ages	Days & Times
5-9	5:30-6:15 pm (Thu), 12:30-1:30 pm (Sat)
10-15	6:15-7 pm (Thu), 1:30-2:30 pm (Sat)
16 & up	7-7:45 pm (Thu), 2:30-3:30 pm (Sat)

Tai Stretch (Chi Kung)

Combination of gentle exercises and stretches that helps with joints and muscles. Breathing techniques for relaxation and yoga tai-chi for balance and strength, no mats needed. Ages 18 & up

Instructor:	Gabe (Ta	vanna) Van Leeuwen	
Location:	Senior an	d Community Center	
Dates	Days	Time	Fee
Jan 9-Feb 20	Tue	10:15-11:15 am	\$21
Jan 10-Feb 21	Wed	10:15-11:15 am	\$21

Adult Cardio Workout by Yoga Dance Co.

Fun workout incorporates ballet technique, cardio, Pilates and stretching for all levels. Bring yoga mat, socks and water.

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No class Jan. 15 & Feb 19. Ages 18 & up

Location:	Cougar Pa	ark	I [*]
Dates	Day		Fee
Jan 8-Mar 4	Mon	7:15-8:15 pm	\$61.25

Kung Fu San Soo

Kung Fu San Soo is a Chinese style of hand-to-hand combat developed and refined for over 2,000 years. It's a new way to think about self-defense. Ages 8 & up

Instructor: Dale Garrison

Location: Cov	vina Parl	k, Recreation Hall	
Dates	Day	Times	Fee
Jan 14-Mar 17	Sun	11 am-12 pm (Ages 8-11)	\$100
Jan 14-Mar 17	Sun	12-1 pm (Ages 12+)	\$100

CLASSES

Tennis Classes with Amalia Seresinghe

Bring tennis racquet. Location: Covina Park, Tennis Courts

Ages 7-17

Dates	Days	Times	Fee
Jan 9-Feb 27	Tue	5:30-6:30 pm (Ages 7-8)	\$64
Jan 9-Feb 27	Tue	6:30-7:30 pm (Ages 9-12)	\$64
Jan 11-Feb 29	Thu	5:30-6:30 pm (Ages 7-8)	\$64
Jan 11-Feb 29	Thu	8-9 pm (Ages 12-17)	\$64

Intermediate Tennis

For students who have taken beginners classes and understand basic strokes and technique. Ages 9-17

Dates	Day	Times	Fee
Jan 10-Feb 28	Wed	5:30-6:30 pm (Ages 9-12)	\$64
Jan 10-Feb 28	Wed	6:30-7:30 pm (Ages 12-17)	\$64

Team Tennis for Kids

Designed for those who intend to pursue tennis as a competitive sport. Requires completion of Intermediate Tennis and instructor's approval. Ages 9-13

Dates	Day	Time	Fee
Jan 11-Feb 29	Thu	6:30-8 pm	\$64

Advanced Clinic

riaranooa onnic				
Includes stroke production, technique and fun, and				
competitive drills	for both	singles and doubles. Ages 7	10-17	
Dates	Day	Time	Fee	
Jan 9-Feb 27	Tue	7:30-8:30 pm	\$64	
Tennis for Adult	Tennis for Adult Beginners			
Ages 18 & up				
Dates	Day	Time	Fee	
Jan 9-Feb 27	Tue	8:30-9:30 pm	\$64	
Adult Intermedic	to Topr			

Adult Intermediate Tennis

Fine tune and correct strokes. Take the next step in improving game skills. Learn overhead smash, lob, top spin, game strategy and more. Ages 18 & up Day Jan 10-Feb 28 Wed 7:30-8:30 pm \$64

SPECIAL INTEREST

Magic for Youth

Basics of mag	ic and sleig	ght of hand. Ages 8-17	
Instructor:	Devin Tho	mas Measom	
Location:	Senior and	d Community Center	
Dates	Day	Time	Fee
Jan 9-Feb 20	Tue	3:30-4:30 pm	\$56*
*Plus \$10 ma	aterial fee ı	paid to instructor at first class	

Chess Class

Basic moves, opening and mid-game strategies, and the all-important end-game. All levels will play matches against each other. Ages 8-17

Instructor:	Devin Tho	mas Measo	m	
Location:	Senior and	d Communit	y Center	
Dates	Day	Time	-	Fee
Jan 9-Feb 20	Tue	4:30-5:30	pm	\$49

Parent & Me Wiggles and Giggles

Parent and child will have fun with movement, music and exercise! Parent participation required. Ages 1-3

Instructor:	Terri Tho	mas	
Location:	Covina Pa	ark, Recreation Hall	
Dates	Day	Time	Fee
Jan 11-Feb 22	2 Thu	11-11:45 am	\$42*
*Plus a \$14 m	naterial fee	paid to instructor at first class	S

Totally Tots

Toddlers learn through play, such as painting, puzzles, and playing with playdough. They discover phonics, shapes, colors, numbers, days of the week and months of the year through songs. Parent participation required Ages 18 mos -4 vrs



required. Ages to mos. 4 yrs
Instructors: Vihulu Villagran & Diana De la Cruz
Location: Senior and Community Center
Dates Day Times
Jan 10-Feb 21 Wed 6-7 pm
*Plus \$15 material fee paid to instructor at first class

Tot Parties with Terri Thomas

Parent participation required. Ages 18 mos.-5 yrs Covina Park, Recreation Hall Location: \$8 (Plus \$10 material fee paid at party)

Fee:

Valentine Tot Party



"Love is in the Air!" Let's celebrate with a party! Join us for music, crafts and snacks to take home.

Date & Time: Friday, February 9, 12:30-1:30 pm

Pirates, Princesses, and Pirate Fairies Party Ahoy Matey! Drop anchor and discover a pirate party in a fairytale land far beyond the seas. Don't forget "X" marks the spot where you can open the treasure chest of fun with games, crafts, and pirate grub for boys & girls. Date & Time: Friday, March 8, 12:30-1:30 pm



\$70*





DANCE

Dance with Shawna Cook

Ballet attire and shoes recommended. No class Feb. 10. Location: Covina Park, Recreation Hall

Tiny Tots Ballet - Ages 3-4

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Dates	Days	Times	Fee
Jan 9-Feb 27	Tue	3:15-4 pm	\$48
Jan 13-Mar 9	Sat	9-9:45 am	\$48
Beginning Balle	t - Ages	5-12	
Dates	Days	Times	Fee
Jan 9-Feb 27	Tue	4-4:50 pm (Ages 5-6)	\$56
Jan 13-Mar 9	Sat	10-10:50 am (Ages 5-6)	\$56
Beginning Tap -	Ages 5	-8	
Dates	Days	Time	Fee
Jan 10-Feb 28	Wed	3:15-4 pm	\$56
Beginning Jazz	- Ages 7	7-12	
Dates	Days	Times	Fee
Jan 10-Feb 28	Wed	4-4:50 pm	\$56
Jan 13-Mar 9	Sat	11-11:50 pm	\$56
	-		

Egyptian Belly Dancing

Beginning class covers basic figure eight movements with basic turns and steps. Intermediate/Advanced class covers beyond basic belly dance moves, including different types of shimmies and layering. Ages 16 & up

orminine and					
Instructor:	Arlene Mar	•			
Location:	Covina Par	k, Recreation Hall			
Dates	Day	Times	Fee		
Jan 10-Feb 28	3 Wed	6:30-7:30 pm (Beg.)	\$80		
Jan 10-Feb 28	3 Wed	7:30-8:30 pm (Int./Adv.)	\$80		

Baby Ballet/Creative Dance

Location:Covina Park, Recreation HallInstructor:Terri ThomasParent participation required. Ballet attire and ballet shoesrecommended. Ages 2-4DatesDayDatesDayJan 11-Feb 22Thu9:15-9:50 am\$42

Hawaiian Dance

Learn the basics of hula dance and 'olelo (language). All abilities and dance experience are welcome. Wear comfortable clothing, pa'u skirt optional. Ages 6-12, 16 & up

Instructor: Susan Schock

Location: Cov	vina Par	k, Recreation Hall	
Dates	Day	Times	Fee
Jan 9-Feb 27	Tue	6-7 pm (Ages 6-12)	\$80
Jan 9-Feb 27	Tue	7-8:30 pm (Ages 16 & up)	\$96

Line Dance with Pam Wagner

No partner needed. No sandals. No class Jan.15. Location: Senior and Community Center

Line Dancing

Learn the latest line dances step-by-step in a relaxed atmosphere. This class is also a great way to stay in shape.

Ayes to a up			
Dates	Day	Times	Fees
Jan 8-Feb 12	Mon	7-8 pm (Beg.)	\$25
Jan 8-Feb 12	Mon	8:15-9:15 pm (Int.)	\$25
Jan 8-Feb 12	Mon	7-9:15 pm (Combo)	\$40

Line Dancing for Seniors

Learn proper heel, toe steps along with simple dance routines.

riges to a up			
Dates	Day	Times	Fees
Jan 9-Feb 20	Tue	1:30-2:30 pm (Beg.)	\$35
Jan 9-Feb 20	Tue	2:45-3:45 pm (Int.)	\$35
Jan 9-Feb 20	Tue	1:30-3:45 pm (Combo)	\$56
Jan 9-Feb 20	Tue	2:45-3:45 pm (Int.)	\$35

Yoga & Dance (by Yoga Dance Co.)

Location: Cougar Park

No class Jan. 15 & Feb 19.

Yoga & Dance for Toddlers and Parents

This class teaches the basics of movement, stretching, breathing techniques, following the leader and listening skills. It's a fun way to bond and get some exercise! Bring a yoga mat and dress comfy! Parent participation required.

Ages 18 mos	3 yrs.		
Dates	Day	Time	Fee
Jan 8-Mar 4	Mon	5-5:45 pm	\$61.25

Yoga & Dance

Ages 3-5 learn yoga fundamentals. Ages 6-12 gain a deep knowledge of yoga, teaching them calm down strategies and breathing techniques. Classes focus on mindfulness and dance in a fun way incorporating ballet, tap, jazz and hip hop! Bring ballet, jazz, or tap shoes and a yoga mat. Ages 3-12

Dates	Day	Times	Fee
Jan 8-Mar 4	Mon	5:45-6:30 pm (Ages 3-5)	\$61.25
Jan 8-Mar 4	Mon	6:30-7:15 pm (Ages 6-12)	\$61.25

CLASSES

Art Classes with Terri Thomas



Watercolor Painting

Explore the basics of watercolor and create fun pictures. Ages 5-10

Location: Covin	a Park, [†]	Teen Center		
Dates	Day	Time	Fee	
Jan 12-Feb 16	Fri	4:15-5:15 pm	\$54*	
*Plus a \$20 material fee paid to instructor at first class				

Let's Get Crafty

Create beautiful items to decorate your home or give as a gift. Get inspired and connect with your artistic side. Ages 18 & up Location: Senior and Community Center

Date	Day	Time	Fee
Jan 23 (Lite Wine Bottle)	Tue	9:15-10:30 am	\$12*
Feb 6 (Centerpiece)	Tue	9:15-10:30 am	\$12*
	~		

*Plus a \$15 material fee paid to instructor at class Kid's Acrylic Painting Workshop

Music

Piano Lessons

PREREGISTRATION is MANDATORY. Half-hour Private Piano lessons where students learn elementary to full comprehensive music theory fundamentals, along with proper piano fingering technique. Must have access to a piano or keyboard for practice. Evaluation at first class to determine books. No class Jan. 15. Ages 6 & up

Instructor: Devin Thomas Measom

inistractor.		nuo meusonn	
Location:	Senior and	Community Center	
Dates	Days	Times	Fees
Jan 8-Feb 12	Mon	3:30-8:30 pm	\$90
Jan 9-Feb 20	Tue	6-7 pm	\$126
Jan 10-Feb 21	Wed	3-5:30 pm	\$126

Kids will create a masterpiece on canvas or acrylic paper.					
No painting experience required. Ages 7-11					
Location: Covina	Location: Covina Park, Teen Center				
Date	Day	Time	Fee		
February 23	Fri	4:15-5:30 pm	\$8*		
*Plus a \$15 material fee paid to instructor at class					

Family Art Time - Watercolor Workshop

Paint alongside your child! Take home both paintings! Both
parent and child must register. Ages 6-12Location:Covina Park, Teen CenterDateDayTimeMarch 1Fri4:15-5:45 pm*Plus a \$12 material fee paid to instructor at class

Adult Watercolor Workshop

ridant match obion	VIOINSIIC			
No class Jan. 15.	Ages 18	& up		
Location: Senior	and Com	imunity Center		
Dates	Day	Time	Fee	
Jan 8-Feb 12	Mon	11:30 am-1:30 pm	\$25*	
*Plus a \$20 material fee paid to instructor at first class				

Adult Acrylic Painting Workshop

No painting experience i	is requi	red. Ages 18 & up	
Location: Senior and Community Center			
Dates E	Day	Time	Fee
Jan 16 (Winter Forest) T	Гue	9:30-11:45 am	\$10*
Feb 13 (Love) T	Гue	9:30-11:45 am	\$10*
*Plus a \$15 material fee paid to instructor at class			

INSPIRE • CREATE • TEACH

LOOKING FOR HIGHLY-TALENTED INDIVIDUALS TO BRING VALUABLE EXPERTISE TO OUR TOWN! The Covina Parks & Recreation Department is looking for Contract Class Instructors to teach Recreation & Enrichment Classes to all ages.

- Foreign Languages
- Dog Obedience Training
- Music (Piano, Guitar, Violin, etc.)
- Dance (Flamenco, Hip Hop, Salsa, etc.)
- Elementary Math and English Tutoring
- And more....open to all types of classes!

If you have expertise and a passion for sharing your skill set, please contact us at (626) 384-5340.



Covina Senior and Community Center | 815 N. Barranca Ave. (626) 384-5380 OPERATING HOURS: Monday-Thursday, 8:30 am-4:30 pm, Fri, 8:30 am-1:30 pm Closures: Dec. 25, 2023-Jan. 1, 2024 (Christmas, New Year's Day), Mon. Jan. 15 (MLK Jr. Day), Mon. , Feb. 19 (Pres. Day)

Special Dances Light refreshments, dance with old friends and making new ones!

(No refunds, only credits will be issued.)

"Pizza My Heart" Valentine's Dance Share a "Pizza of my heart" or a piece of pizza with us! Wear red, bring your loved ones, your friends, neighbors, and anyone you think is sweet enough to be a part of this special day. Then dance and "paint the town" red! Date & Time: Fri. Feb. 9, 1:30-4:30 pm Fee: \$8 per person (pizza included) Registration/Credit By: Wed., Jan. 24

New Year Fitness Challenge 2024 - FREE!

New Year, new you! Inviting our returning and new fitness Seniors to start the New Year off right with a workout in our fitness center. For the month of January, every time you work required. To be a part of the pool, stop by the Front Desk to out in the center you can be entered in our monthly prize giveaway. The more you work out, the more chances to win! Winners announced February 1. Have a great workout! Dates: January 2-31

Chinese New Year Celebration - FREE!

Help us bring in the Year of the Dragon - the wood Dragon to be precise! What's your animal zodiac sign? Make a Chinese lantern for this traditional celebration culminating with the traditional Lantern Festival. Enjoy a small Chinese treat to take home. Registration required.

Date & Time: Monday, February 12, 1:30-2:30 pm Thursday, January 25 Register By:



Let the Shenanigans Begin! Luck and Leprechauns wanted! We're looking for a bit of malarkey and St. Patrick's fun on the dance floor. Wear green and bring your best dance moves and a limerick or two! Date & Time: Fri., Mar. 15, 1:30-4:30 pm Fee: \$5 per person Registration/Credit by: Wed., Feb. 28

Game Time Fun! - FREE!

It's game time and we are looking to have some touchdown fun with friends! Sign up for Big Game Pool for fun, no fee put your name on a square! Limited to one square per person. Join in for fun and prizes! Numbers picked & pool distributed on Thurs., Feb. 8, just in time for the BIG GAME! Pool Sign-ups Between: Jan. 24-Feb. 7 or until full.

Touchdown Nacho Bar - FREE!

Huddle up TEAM! Here's the game plan, we're going to get out there and make some nachos, have some fun and we're going to give it a 100%. Why, because we are winners! Wear your favorite football jersey. Go Team!! Don't drop the ball and get registered! Registration required.

Date & Time: Thursday, February 8, 1:30-2:30 pm Thursday, January 25 Register By:

Movie Mondays - Ages 18+ Join us for a Movie Day with friends! Popcorn included! Time: 2-4 pm





January 22 Mandela - Long Walk to Freedom (PG-13)

February 12 The Wedding Date (PG-13)

Grocery Bingo - Ages 55+ Join us for a chance to win groceries, toiletries and household items. Light refreshments. Seating is limited and is on a first-come, first-served basis. Preregistration is encouraged. Jan. 25, Feb. 22, Mar. 21 Dates: Day & Time: Thursday, 1:15-3:15 pm



Rise of the

Silver Surfer (PG)

\$5 per person (includes two bingo cards) Fee: No refunds, only credits will be issued. Must request credit 24 hours in advance.



Birthday Candy Bar Celebration - Ages 60+

Celebrate your birthday with a sweet treat ...a birthday candy bar! Must register through Nutrition program. Dates: Jan. 18, Feb. 15, Mar. 14 12-1 pm (Nutrition Program) Time:

Shake, Rattle & Roll - It's Bunco! - Ages 18+

Enjoy a crazy game of chance with friends and lots of laughs! Prizes and light refreshments served. Space is limited and on a first-come, first-served basis.

Dates: Fee:

Jan. 9, 23, Feb. 13, Mar. 12, 26 Day & Time: Tuesday, 1:15-3:15 pm \$2 per person







New Extended Service Hours:

Monday, 8:30 am-8 pm, Tuesday-Wednesday, 8:30 am-7 pm Thursday, 8:30 am-4:30 pm Friday, 8:30 am-1:30 pm Please remember to wear your orange wristband to enter. If you don't have one, please call us to schedule an orientation to receive one. Fitness Center use is on a first-come, first-served basis,

Mt. Sac. Classes - FREE! - Ages 18+ All classes are on a walk-in first-come, first-served basis. Must purchase own supplies. Fall Session: January 8-February 12 No class January 15.

Handcrafted Needlework for Retail Sale Day & Time: Monday, 1:30-4:20 pm

Healthy Aging Day & Time: Monday, 1-1:50 pm

Quilter's Club - Ages 55+ Day & Time: Wednesdays, 2-4 pm January 3-February 21 Dates:

Welcome to the Coffee Spot Ages 60+



Visit the Coffee Spot! - Free!

Take a break with us, where happiness begins with a cup of coffee and good conversation. Day & Time: Monday-Friday, 10-11 am (Room is cleared at 11 am to set up for lunch) Location: Dining Room Beginning: January 2 (No coffee service 1/15, 1/23, 2/19, 2/20, 3/26)





Senior Nutrition Program - Ages 60+ Funded in part by Community Development Block Grant and Federal funding through the LA County Area Agency on Aging, the programs are administered by YWCA of San Gabriel Valley. Congregate Meal Program (in-person dining) - No Reservations Required!

Beginning January 2 (No meal service 12/25-1/1, 1/15, 2/19). This in-person nutrition program serves hot meals on a first-come, first-served basis. Space is limited and no reservations are required. Beginning at 10 am, each person will be assigned a number upon arrival (No lines permitted BEFORE 10 am.)

Days & Time: Monday-Friday, 12-1 pm, (check in no later than 11:45 am)

Fee: \$3 suggested donation for ages 60 and older, \$5 fee for ages 59 and under.

Home Delivered Meal Program - This program is offered through YWCA of San Gabriel Valley and provides healthy meals to homebound older adults. The frozen meals are delivered in a package of seven meals once per week. A quick client assessment to see if the client meets criteria is handled over the phone by calling (626) 214-9465.

Case Management Services - Ages 60+

Program is funded by the Community Development Block Grant and coordinated by the YWCA of San Gabriel Valley. The YWCA Case Manager will provide information and referral services for all clients. Those that qualify may also receive more in-depth assessments, care plans, and follow-up services. For appointments, call (626) 384-5380.

Appointments required and available 9-11:30 am on the 2nd and 4th Monday of each month.

Depending upon eligibility, services may include:

Homemaker Services, Personal Care, Respite, Registry, Transportation, Telephone Reassurance, Assistive Equipment, Housing Referrals, and assistance with Social Security issues/Advocacy.

FREE! Legal Assurance - Ages 55+

Covina residents only. For appointment, please call (626) 384-5380.

Representative:	А
Day & Time:	M
Dates:	J
Representative:	Κ
Day & Time:	Т
Dates:	J

Anna Valiente Gomez Wednesday, 2-2:45 pm Jan. 10, Feb. 14, Mar. 13 Kevin Stapleton Tuesday, 1-1:45 pm Jan. 9, 23, Feb. 13, Mar. 12, 26



FREE! Tech Talk - Ages 55+

Overcome the fear of operating your cell phone, smart phone, tablet, laptop, iPad or a new app? Meet the tech-savvy teens from the Covina T.E.A.M. (Teens Endeavor to Accomplish More) as they help you navigate the digital world. (Bring your own device). Preregistration required. Limited space. Day & Time: Thursday, 4-5 pm Dates: Jan. 11, Feb. 8, Mar. 14

FREE! Information & Referral - Ages 55+

Program is funded by Community Development Block Grant. Staff maintain a resource file of local programs and services that contribute to the health and well-being of older adults. If you need access to services, call (626) 384-5380 or contact the 24-hour LA County INFO LINE at (626) 350-6833.



Financial Health & Wealth Workshop Ages 55+

Instructors: Day & Time: Rocky and Ammon Pavone Wednesday, 12:30-1:30 pm

Maximize Social Security and Retirement Income

MAXIMIZE SOCIAL SECURITY AND RETIREMENT INCOME Avoid costly mistakes, optimize tax strategies. Get the right advice. Enjoy "Golden Years" with peace of mind. Date: January 17

Estate Planning: Living Trusts and Wills

Learn more about advanced health care directives, HIPPA authorizations, durable Power of Attorney, living trusts, last will and testament.

Date: January 24

Avoid Losing Money in your Retirement

Learn about Social Security, Retirements plans, 401(k)s, 403(b)s, 457s, TSPs, IRAs, and Annuities. Understand the wealth formula, inflation risk and market risk. Date: January 31

Protect for Disability, Long Term Care & Final Expenses Learn about Medicare, life insurance and how to ensure proper

protection in case of disability, health problems and death. Date: February 7

ALZHEIMER'S ASSOCIATION[®] WORKSHOPS

Day & Time: Tuesday, 10-11 am

10 Warning Signs of Alzheimer's

Learn the 10 warning signs of Alzheimer's disease. Hear from people who have the disease and find out how to recognize the signs in yourself and others.

Date: January 23

Dementia Conversations

Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia. Date: February 20

Understanding Alzheimer's and Dementia

Learn about detection, causes, risk factors, stages and treatment of Alzheimer's Disease. Date: March 26

FREE! Tax Preparation (Ages 18+)

Sponsored by AARP – Tax preparers are certified volunteers through AARP. You do not have to be an AARP member to take advantage of this free service. Appointment is required. No walk-ins. Register in person at the Senior and Community Center, online at covinaca.gov/parksrec or you may call (626) 384-5380 and register over the phone. Location: Covina Public Library, 234 N Second Ave.

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Location:
Day & Time:
Dates:
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Fridays, 9:30 am-3 pm February 2-April 12

POLICE DEPARTMENT

444 North Citrus Avenue | www.covinapd.org

Lobby: Mon.-Fri., 8 am-5 pm, Sat., 8 am-12 pm | Service: 24 hours a day/7 days a week for emergency response

2023 Police Department Awards

The Covina Police Department holds its annual Police Awards Program through the generous support of the Covina Chamber of Commerce. CPD staff both sworn and civilian nominate co-workers who have demonstrated excellence in their performance that aligns with the Department's mission and values.



STEVEN HICKEY POLICE OFFICER OF THE YEAR

Police Officer Steven Hickey began his public safety career while in high school, participating in the police explorer program. After graduation, he was hired as a police cadet where he assisted in a variety of support duties. His good performance led to a full-time position as a Community Services Officer where he learned the job skills of basic investigations and report writing. Expanding upon his experiences, he was hired as a jailer and that led to being hired as a police officer. Steven has been a successful police officer which has afforded him the opportunities in both collateral and specialized assignments. Those include police explorer advisor, traffic unit officer, special response team member, honor guard member, preacademy instructor, field training officer and community impact team detective. He has received many letters and commendations through his career for his excellence and professionalism in the course of his duties.



EUNICEE SIERRA POLICE PROFESSIONAL STAFF OF THE YEAR

Management Analyst Eunicee Sierra joined the public safety profession in 2001. In her role, she performs a wide variety of complex support tasks that support the Chief of Police and other department personnel. Some of those duties are sensitive and confidential. She has been an integral team member and leader in our program initiatives. As a project oriented, multi-tasker and problem-solver, Eunicee took the lead in a variety of programs. She has been instrumental in the startup of the non-profit Covina Police Foundation, and the lead in the Pink Patch Project that focuses on breast cancer awareness and research fundraising.

Eunicee is a go-to team member and can be counted on to get things accomplished, or even make good things great.



PATTY HYNES POLICE VOLUNTEER OF THE YEAR

Police Volunteer Patty Hynes started in 2016 and has been a valuable team member within the Covina Police Department. Her volunteer duties center within the Records Unit, where she focuses on auditing reports. Her work ensures the accuracy of these reports in regards to the legal classifications of the incidents. This facilitates the accurate reporting to other justice agencies and proper disposition of the investigations. Patty is reliable and responsive. She demonstrates a positive attitude and gets along well with everyone. Patty is intelligent and pays attention to details which is critical with the handling of important files.

Volunteer Patty Hynes truly has a heart for serving others.



Steven demonstrates a passion to serve and performs as a true professional.

CITY JOBS | FINANCE

VINA

Now Hiring:

- Building Official
- Police Cadet
- Police Officer Recruit | Pre-Service | Lateral
- Public Safety Dispatcher COMING SOON!
- Police Records Clerk



APPLY TODAY!

governmentjobs.com/careers/covinaca

Positions are subject to close without advance notice.

City of Covina Fiscal Year 2023-2024 Budget & New Website-Based Digital Budget Book

On May 16, 2023, the City Council adopted a balanced budget for Fiscal Year 2023-2024, with General Fund projected revenues and expenditures totaling \$47,598,259. The proposed General Fund budget utilizes \$6,117,619 in Transaction and Use Tax Funds. The Citywide FY 2023-24 Budget includes projected revenues totaling \$102,061,279 and expenditures of \$121,770,339.

For fiscal year 2023-24, the Capital Improvement Program budget contains 28 projects totaling \$27,889,518. These projects include the Hollenbeck Park Improvements, Barranca Ave Street Resurfacing, and Covina Heights Water Main Replacement.



For additional budget detail, the City of Covina is proud to announce its new website-based Digital Budget Book. Covina's annual budget is now presented online in an intuitive format designed to make use of complex financial data even more accessible. This new website-based budget book allows constituents to see precisely how funds are generated and allocated, and better assess how the City's annual budget impacts the community programs and services. The City of Covina believes that operating with transparency is the foundation of a strong government and fosters positive civic engagement. Please find the new <u>budget book</u> link on the City of Covina Website under the Finance Division page.

FACILITY RENTALS



Wedding Receptions • Baby Showers Birthday, Retirement and Anniversary Parties and More!

- Cougar Park Community Center
- Recreation Hall, Covina Park
- Covina Senior and Community Center, Sunkist Park
- Covina Park Bandshell and Heritage Plaza

Frequently Asked Questions (FAQ)

Can I tour the facility? Yes! There are two options:

- In-Person Tours available <u>by appointment only.</u> Please call (626) 384-5340 or email rentals@covinaca.gov to schedule.
- 2) Video Tours are available by scanning the QR Code or by visiting covinaca.gov/parksrec

Are tables and chairs included in the rental fee?

Yes! The number and type of tables and chairs vary by location.

Are alcoholic beverages allowed at any rental?

No, alcoholic beverages are not permitted in any City building or City park.

How far in advance do I need to submit my rental application?

Applications must be submitted at least 45 calendar days in advance.

Do I get a resident discount when renting a facility or park space?

For some park spaces and facilities, the hourly use rate for Covina residents and non-residents differ. Please see rental application for pricing and general policies.

May I provide my own food caterer at my rental?

Yes! It must be approved by the Parks & Recreation Department, this includes "taco man" services. Food Trucks are not permitted.

Can I rent a picnic shelter?

No. They are available on a first-come, first-served basis for groups of 60 or less. For groups over 60 people, the City offers other types of outdoor facilities that are available to rent.

> For more information, please email rentals@ covinaca.gov. Applications available at covinaca.gov/parksrec or by visiting the Covina Parks & Recreation Department, 1250 N. Hollenbeck Ave.

BOOK YOUR NEXT CELEBRATION WITH US!

TAKE A VIDEO TOUR OF OUR FACILITIES (SCAN CODE)



Scan to access the Facility Guide and Video Tour, as well as more information on size of facilities, amenities, and rates.

HONORING COVINA'S MILITARY MEMBERS

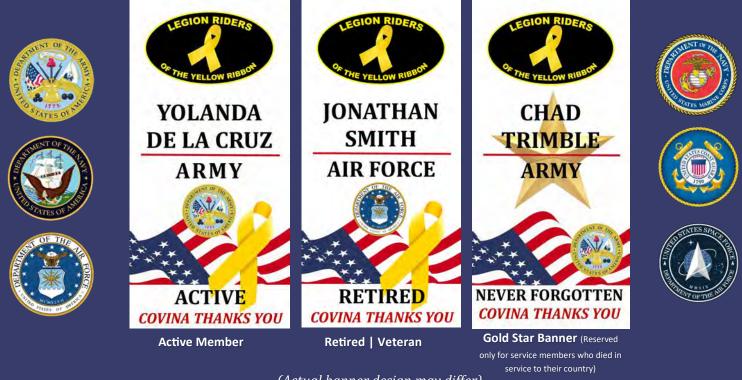
The Legion Riders of the Yellow Ribbon presents the new

Military Banner Program ACTIVE • RETIRED

This program honors and recognizes hometown active and retired military personnel. *Banner Cost:* \$160 (includes cost of banner, hanging for a one-year period, removal, and a Banner Retirement Ceremony (held around Memorial Day of removal year)

GOLD STAR MILITARY

This program honors our hometown veterans who paid the ultimate sacrifice in service to our country. They will always be remembered. There will be no fee charged and banners will hang indefinitely



(Actual banner design may differ)

The NEW Military Banner program is set to begin in May 2024 in honor of Memorial Day. To purchase a banner for a Covina Military member, paperwork and payment must be received by <u>Monday, April 15, 2024.</u>

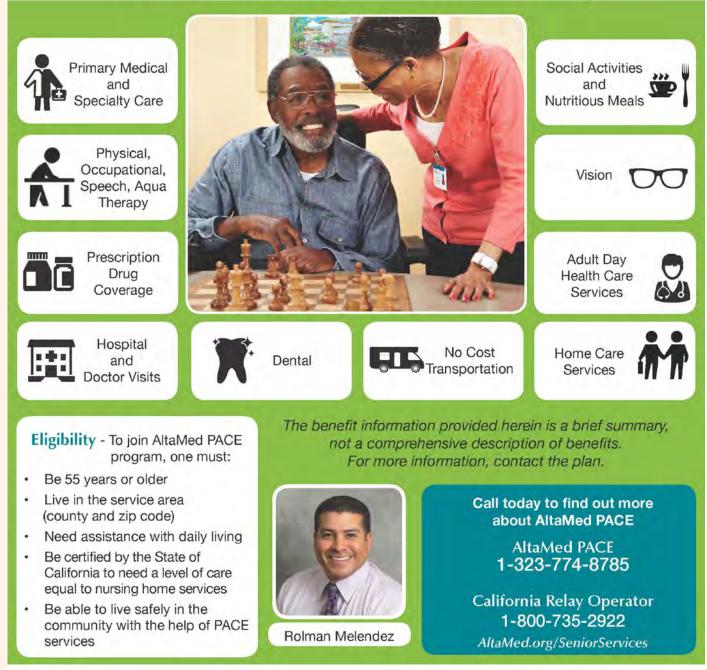
For more information, please email chartercoveriders@hotmail or call (626) 290-6004.

The City of Covina and the American Legion Riders of the Yellow Ribbon thank our Military membersou for serving our country and protecting our freedom. For bravely doing what they're called to do, so we can safely do what we're free to do. They defended freedom and peace with courage and honor.



AltaMed PACE

Program of All-Inclusive Care for the Elderly



Disclaimer:

PACE participants must receive all needed health care services (other than emergency services), including primary care and specialist physician services, from the PACE organization or from an entity authorized by the PACE organization. PACE participants may be fully and personally liable for the cost of unauthorized or out-of-network services.



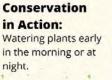
gallons saved . . . every time you water your landscape

--- PUBLIC WO

Conservation in Action: Planting drought resilient plants and trees.



Water Saved: 30-60 gallons per 1,000 sq.ft.



Water Saved: 25 gallons





Water Saved: 20-30 gallons per 1,000 sq.ft.





COVINA

Breathe Clean Covina is a community-led coalition group working to reduce the harms of secondhand smoke in outdoor areas.



s: 2023. California Department of Public Health. Lunded under contract «CTCP 21-19.







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